

WINTER SPRING 2025



SSSRA
South Suburban Special
Recreation Association

Proudly Serving
Country Club Hills | Hazel Crest | Homewood-Flossmoor
Matteson | Oak Forest | Olympia Fields
Park Forest | Richton Park | Tinley Park



SSSRA
South Suburban Special
Recreation Association

19910 80th Avenue
Tinley Park, IL 60487

815.806.0384
815.806.0390 (FAX)
711 (Illinois Relay System)

www.sssra.org | info@sssra.org

Table of Contents

10-15	All Ages
16-19	Early Childhood & Youth
3-9	General Information
44-50	Registration Information & Forms
21	Sponsors
22-23	Stingrays Sports
20	Teen
24-42	Teen & Adult
33-34	Teen & Adult - Severe & Profound Disabilities
30-32	Teen & Adult - Physical Disabilities
43	Veterans

SSSRA Board Members

**Country Club Hills Parks and
Recreation Department**
Targett Johnson

Hazel Crest Park District
Christopher Cole

Homewood-Flossmoor Park District
Mike Gianatasio

Matteson Recreational Division
Lisa Hill

Oak Forest Park District
Kirstin Dahm

Olympia Fields Park District
Jesus Vargas

**Park Forest Department of Recreation,
Parks & Community Health**
Kevin Adams

**Richton Park Parks &
Recreation Department**
Ashley Turner

Tinley Park-Park District
Meghan Fenlon

SSSRA Board of Directors Meetings
Fourth Thursday of the Month
9:00 am
SSSRA

SSSRA Staff



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lisa@sssra.org



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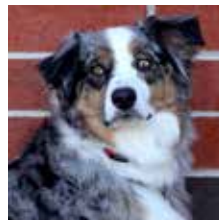
Megan Siebert, CTRS
Support Staff Manager
megan@sssra.org



John Braun
Vehicle Maintenance Coordinator
john@sssra.org



Jonathan Washington
Program Coordinator
jonathan@sssra.org



Buster

What is SSSRA?

SSSRA provides recreational opportunities to individuals with disabilities or special needs. Our association is an extension of seven park districts and three recreation and parks departments.

Vision Statement

To be a quality resource that impacts the lives of the community, by evolving with their needs.

Mission Statement

To promote the power of choice and to enhance the quality of life of individuals of all abilities, by providing accessible recreation in an environment that promotes dignity, success and fun.

Program Eligibility

SSSRA programs are for any age group and any type of disability or special need.

SSSRA Residents

Individuals who live within the following member agency borders are eligible to register for programs at the resident fee. Non-residents may also register, but there is a non-resident fee.

- Country Club Hills Parks and Recreation Department
- Hazel Crest Park District
- Homewood-Flossmoor Park District
- Matteson Recreational Division
- Oak Forest Park District
- Olympia Fields Park District
- Park Forest Department of Recreation, Parks & Community Health
- Richton Park Parks & Recreation Department
- Tinley Park-Park District

SSSRA reserves the right to verify residency and special education services.

Americans with Disabilities Act

SSSRA is subject to and will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability against persons who meet essential eligibility requirements for services. If you have any questions about our services in regard to the ADA, please call us at 815.806.0384.

Inclusion

We are committed to providing new and challenging recreation opportunities for all of our participants. Individuals who have special needs are welcome to participate alongside their peers in any programs offered by our member park districts and recreation departments. We work with our member agencies to assist with this transition. Our professional staff are available to help:

- Choose appropriate programs
- Provide referral services
- Conduct staff trainings
- Secure support staff
- Supply adaptive equipment

Please contact Juanita Williams at 815.806.0384 or juanita@sssra.org for additional information.



SSSRA Cooperative Agreements

Cooperative agreements enable individuals to participate with other special recreation associations at resident rates unless otherwise noted. Summer Day Camp, trips, scholarships and door-to-door transportation are not included. Cooperative registrations will be processed after the registration deadline for SSSRA residents. Welcome coupon cannot be applied. We hope these agreements allow all of our residents expanded opportunities.

The intent is not to duplicate programs. Therefore, if an agency offers similar programs as the home agency, the participant can participate, but at the non-resident rate.

LWSRA

815.320.3500 / lwsra.org

- Crete
- Frankfort
- Frankfort Square
- Manhattan
- Mokena
- New Lenox
- Peotone
- Wilmington

SWSRA

708.389.9423 / swsra.com

- Alsip
- Blue Island
- Merrionette Park
- Midlothian
- Palos Heights
- Posen
- Worth

R / NR

R: Resident

NR: Non-Resident

Program Times

Parents or individuals providing transportation should drop-off and pick-up participants at times listed for the program. Time before the program is used to meet with staff and set-up. Please be prompt for pick-up as some staff are expected at another program. SSSRA staff are instructed to stay with participants until they are picked up.

If a participant may walk home or be picked up by someone other than a parent or guardian, a permission note, signed and dated by the parent or guardian, must be given to the Program Supervisor.

Early Arrival or Late Pick-Up Fee

Participants arriving more than 15 minutes prior to a program or special event will be charged a \$15 fee for every 15 minutes early. Please pick-up participants at the designated time. If parents/guardians are not on time for participant pick-up, a \$15 fee will be assessed for every 15 minutes late. SSSRA is not responsible for participants' safety until the scheduled program time.

Program Options

SSSRA assigns designations for individuals in targeted disability groups for each program. The groups targeted are suggestions. We will attempt to accommodate all individuals. Please contact SSSRA if you would like to discuss your program options.

Safety Precautions

Staff and volunteers have been provided in-service training concerning proper hygienic procedures. SSSRA seeks to provide a safe environment for all participants, staff, volunteers and the public. If you have any specific questions, please call our Executive Director or Superintendent at 815.806.0384.

Atlanto-Axial Instability (AAI)

Because of the risk of injury, Special Olympics Illinois has established a policy which states that any participant with Down Syndrome, involved in any Special Olympics sport/activity, must obtain an x-ray, submit a letter from their physician and complete the Special Olympics Illinois medical form. The letter must state that the individual does not have atlanto-axial instability prior to participating in the program. Please contact SSSRA for more information.

Program Policies

- SSSRA reserves the right to determine participant appropriateness for programs and special events.
- When arriving and departing a program, parents/guardians/group home staff are required to notify the program supervisor.
- If a participant cannot attend a program, he/she cannot send a substitute in their place.
- When participants of varying ages and ability levels are in the same program, SSSRA will group them appropriately.
- SSSRA provides an approximate 1:4 staff-to-participant ratio.
- While SSSRA staff will assist participants with their belongings at programs, SSSRA cannot be responsible for lost or stolen property. Participants should not bring valuables to programs.
- Vacation Trips, Weekend Trips and Overnights: participants must have independent self-help skills, be able to work successfully in a 1:4 staff to participant ratio and have participated in SSSRA weekly programs.
- With your child's best interest in mind, parents are invited to their child's first program. Our staff have found that parent and/or sibling distractions during the program time affects the quality of their experience. Our staff always welcome the opportunity to discuss progress with parents at any time.

Participation Guidelines When Illness Occurs

To prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100 degrees or higher
- Vomiting within the last 24 hours
- Persistent diarrhea in conjunction with other symptoms
- Contagious rash or a rash of unknown origin
- Persistent cough and/or cold symptoms
- "Pink eye" (conjunctivitis) or discharge from the eye
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, coxsackie virus, head lice, mites and ringworm
- Runny nose with yellow or green discharge, which indicates infection
- Fatigue, due to illness, that will hinder participation and enjoyment of the program
- SSSRA may request that a participant submit a doctor's release in order to participate in SSSRA programs or special events.

Please notify the SSSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the recommendation of the doctor, or, if not under a doctor's care, when the symptoms have clearly passed.

Participant Expectations

- Participants must have bowel and bladder control or arrive at the program wearing Depends or similar items under clothing. If this is a concern, please contact SSSRA.
- Overall appearance should be clean (hair, face, teeth, hands, nails, etc.).
- Clean, dry clothing
- Appropriate attire for program participation (i.e. shoes, warm-ups or loose/comfortable fitting clothing for athletic/sports/exercise programs).

Behavior Guidelines

SSSRA promotes the concept of “equal fun for everyone.” Participants are expected to exhibit appropriate behavior at all times. SSSRA’s behavior guidelines have been developed to help make the programs safe and enjoyable for all participants.

- Participants must show respect to all participants, staff and volunteers.
- Participants must refrain from threatening or causing bodily harm to self, other participants or staff.
- Participants must refrain from using foul language or discussing inappropriate topics.
- Participants must show respect for equipment, supplies and facilities.
- Additional rules may be developed for specific programs and athletic programs as deemed necessary by staff.
- If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual’s situation. SSSRA reserves the right to dismiss participants whose behavior endangers the safety of themselves or others.
- Participants must be able to stay with the group.
- Participants must always keep their hands and feet to themselves.

When Applicable

- Due to the current situation with COVID-19, some programs and/or special events may change.
- Please contact our office for any questions or concerns about safety guidelines.
- Some high risk programs/special events will require an additional waiver to be signed by a legal guardian.

Program Cancellations

SSSRA attempts to hold programs whenever possible. However, inclement weather occasionally makes it difficult for staff and participants to travel to program locations. SSSRA’s cancellation policies are as follows:

- At the scheduled program time, if no participants arrive within the first 30 minutes, the program session will be canceled, and staff will be sent home. No refunds will be given.
- SSSRA staff look at all circumstances three hours prior to the starting time of the program or transportation route, to determine if the program should be canceled.
- If the program is canceled, program staff attempt to reach all participants by phone or email to inform them.
- SSSRA attempts to extend programs to make up missed dates.
- SSSRA will call/send a letter announcing program extensions.
- A refund will not be provided for cancellations due to inclement weather.

Brochure Errors

Our staff have made every effort to prepare this brochure as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. SSSRA reserves the right to make any such adjustments. The staff apologize for any inconvenience these errors or adjustments may cause.

Brochure Mail Delivery

SSSRA relies upon the post office for mail deliveries of our seasonal brochures. SSSRA assumes no responsibility for mail delivery. If for some reason you do not receive a brochure, please pick one up at your park district, recreation department or SSSRA.

Severe Weather Guidelines

In the event of severe weather, canceling programs may be in the best interest of our participants. For the safety of our participants, supervisors may make the decision to cancel a program in progress, should weather become questionable. The following guidelines will be used to determine cancellations:

Severe Cold Weather

- Outdoor programs: Temperature range of 0 degrees or less, including wind chill.
- Programs with transportation: Temperature of 0 degrees or less, including wind chill.
- All programs (including indoor): Snowstorm situations when driving restrictions (winter storm or blizzard warning in which authorities have advised not going out unless necessary) and emergency accident plans (state and local police) are in effect.

Severe Hot Weather

- Outdoor programs or indoor sites without air-conditioning, a heat index of 100 degrees or higher.
- Programs with transportation: Heat index of 100 degrees or higher.
- All programs (including indoor): Weather situations when a tornado warning is in effect for Lake, Will, Cook and/or DuPage counties.

High Wind Advisory

Transportation when there is a high wind advisory in effect, strong winds can make driving difficult, especially for high profile vehicles.

Transportation

SSSRA has implemented these transportation procedures to ensure participants ride safely in our vehicles.

- All passengers must be sitting in seats or wheelchairs with belts securely fastened. The driver will not proceed until all seat belts are fastened.
- All wheelchairs must have brakes that are in good working order and can stop the chair from moving.
- SSSRA has established transportation policies to ensure the safety of all passengers. If SSSRA staff determines it would be dangerous to transport an individual, SSSRA reserves the right to refuse to transport that person.
- Persons riding in Amigo-type wheelchairs will have to transfer into a vehicle seat and use a seat belt. Amigo-type wheelchairs are not designed to transport individuals in moving vehicles.
- Wheelchairs may be available for participant use while at programs and special events. Assistance by SSSRA staff will be determined on a case-by-case basis.
- Late registrants may not have transportation during the first week of programs due to routing changes. Participants are notified if a problem occurs.
- When transportation is included in special events, the use of vans or buses may change as necessary to accommodate group sizes and needs.
- A minimum of three participants is required for a vehicle route to run. If there are not enough participants for the route, you will be notified.
- If participants do not use SSSRA transportation and plan to be dropped off or picked up at a special event, please notify the SSSRA office prior to the event. Parents/guardians/group home staff are required to notify the program supervisor upon participant arrival and departure.
- State law does not require the use of car seats in SSSRA buses, as they weigh more than 9,000 pounds. However, as a best practice, the association uses car seats whenever possible, for children under the age of 8.

Pick-Up Points

Special events have centralized pick-up and drop-off locations.

Transportation is based on registration for each pick-up point. Please be sure to indicate which pick-up point you will use by documenting the correct location for the program you are registering for.

SSSRA cannot wait more than 10 minutes at the pick-up point due to demanding vehicle schedule.

Mileage from Member Communities to Coyote Run Golf Course, Flossmoor

(central pick-up point)

1. Country Club Hills Community Recreation Center / 3.4 miles
2. Hazel Crest / 2.9 miles
3. Coyote Run, Flossmoor
4. Eisenhower Center, / 9.6 miles
5. Matteson Community Center - Matteson Avenue / 4.3 miles
6. Oak Forest Park District / 7.4 miles
7. Olympia Fields Park District / 3.5 miles
8. Park Forest Village Hall / 5.9 miles
9. Richton Park Community Center / 5.3 miles
10. SSSRA, Tinley Park / 8.5 Miles

Transportation: Door-To-Door, Individuals with Physical Disabilities & Summer Day Camp

SSSRA drivers will assist participants to and from their front door; driveways/walks must be clear of debris/obstacles. SSSRA staff will not enter residences.

Persons unable to be in a house alone should have someone meet the van at the designated time of return. SSSRA cannot wait more than five minutes due to the demanding vehicle schedule.


SSSRA offers door-to-door transportation for residents only.

You will be called with your pick-up time prior to the program date for door-to-door transportation.

A minimum of three participants is required for a vehicle route to run. If there are not enough participants for the route, you will be notified.

Door-to-door transportation is available on a limited basis as indicated by this symbol.



 **Due to the generosity of an anonymous donor, virtual programs and virtual special events are offered at a discounted rate for all participants.**

Stretching

Reach for the sky, touch your toes and twist! Work on your flexibility while having fun with your friends. Please wear exercise clothes and bring a water bottle. 1, 2, 3... stretch!

All Ages

Mon, Feb 10 to Mar 10

10:00 to 10:30 am

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Winter Registration Deadline: Mon, Feb 3

All Ages

Mon, Mar 31 to Apr 28

10:00 to 10:30 am

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Spring Registration Deadline: Mon, Mar 24



Find us on Facebook
facebook.com/sssra1973



Find us on Instagram
[@sssra1973](https://www.instagram.com/sssra1973)

Animal Exploration

If you love animals, this program is for you! Learn unique facts about different animals each week. We may learn about sea lions, turkeys or gorillas while we explore zoos and natural habitats around the world.

All Ages

Mon, Jan 6 to Feb 3

4:00 to 4:30 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Winter Registration Deadline: Mon, Dec 30

All Ages

Mon, Mar 31 to Apr 28

4:00 to 4:30 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Spring Registration Deadline: Mon, Mar 24

Social Time

It's always good to see familiar faces and chat with friends! Learn about each other as we talk about interests, hobbies or our favorite food. Tell the group about your weekend plans or share a joke. We're excited to make new friends and reconnect with old ones.

All Ages

Tues, Apr 1 to Apr 29

6:30 to 7:00 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Spring Registration Deadline: Tues, Mar 25

Travel Buddies

Take virtual trips from the comfort of home, and learn about popular destination spots around the world. Please share your favorite travel stories with the group, and get ready to explore!

All Ages

Wed, Jan 8 to Feb 5

4:00 to 4:30 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Winter Registration Deadline: Wed, Jan 1

All Ages

Wed, Apr 2 to Apr 30

4:00 to 4:30 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Spring Registration Deadline: Wed, Mar 26

Drawing Techniques - Art of Cartoons & Anime

NEW

Have you ever wanted to draw your favorite animated characters? Well, in this version of Drawing Techniques, you can! We will focus on the art of cartoons - from Disney to anime. Learn how to draw well-known characters from classic movies and shows. Each participant will receive a sketch book so they can show off their drawings to family and friends. Don't forget to register for Drawing Techniques in the spring.

All Ages

Thurs, Jan 9 to Feb 6

4:00 to 4:30 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/25

Winter Registration Deadline: Wed, Jan 2

Drawing Techniques

Doodling, focal point, primary and secondary colors are terms we will learn about as they relate to drawing and the creative process. Start exploring your creative side by learning a new drawing techniques. Each participant will receive a sketch book so they can show off their drawings to family and friends.

All Ages

Thurs, Apr 3 to May 1

4:00 to 4:30 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/25

Spring Registration Deadline: Thurs, Mar 27

Family Bingo

Looking for a way to bring the family together? Try Virtual Family Bingo! Turn an ordinary night into a fun experience where families can bond, laugh and enjoy friendly competition.

All Ages

Thurs, Feb 13 to Mar 13

6:00 to 7:00 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Winter Registration Deadline: Thurs, Feb 6

All Ages

Thurs, Apr 3 to May 1

6:00 to 7:00 pm

Virtual

\$5 R / \$5 NR

Min/Max: 5/50

Spring Registration Deadline: Thurs, Mar 27

Surprise Bingo

NEW

Do you like surprises? The callers for these Bingo games are going to be a surprise! The only thing that's not a surprise is the fun you are sure to have with your friends.

All Ages
Wed, Jan 15
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50
Winter Registration Deadline: Wed, Jan 8

Monday Mysteries

NEW

Challenge your detective skills with interactive storytelling, mind-bending puzzles and captivating clues. Don't miss your chance to have fun unraveling mysteries and connecting with fellow sleuths.

All Ages
Mon, Feb 3
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50
Winter Registration Deadline: Mon, Jan 27

Trip to Amsterdam



NEW

Learn all about Amsterdam from our traveler, Anna. Anna will share facts and pictures from her recent trip to the Netherlands, including visits to the Rijksmuseum, STRAAT Museum, A'DAM Tower and the F1 Dutch Grand Prix.

All Ages
Wed, Mar 12
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50
Winter Registration Deadline: Wed, Mar 5

St. Patrick's Day Party

NEW

Celebrate St. Patrick's Day by playing trivia, catching a leprechaun and ending the event with a dance party. Don't forget to wear green!

All Ages
Mon, Mar 17
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50
Winter Registration Deadline: Mon, Mar 10

Taylor Swift

NEW

Are you ready for it? A virtual concert is headed to your screen this season! Come ready to shake it off in style as we celebrate the different musical eras of Taylor Swift. Put on your cardigan and dance like you're 22. You won't want to miss this superstar's stunning performance.

All Ages
Thurs, Mar 20
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50
Winter Registration Deadline: Mon, Mar 13

SSSRA Passports

Participants who register for in-person and virtual trips will receive a passport with stickers to remember each trip.



Trip to Ireland



NEW

Have you ever wanted to travel to the Emerald Isle? Explore the many sites that are important to the history of Ireland, including Cliffs of Moher, Killarney National Park and Blarney Castle & Gardens.

All Ages
Wed, Apr 9
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50

Spring Registration Deadline: Wed, Apr 2

WWE Watch Party

NEW

Are you a WWE fan? Watch Friday Night Smackdown with us and talk with your friends about your favorite wrestlers.

All Ages
Fri, Apr 11
7:00 to 8:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50

Spring Registration Deadline: Fri, Apr 4

Music Through the Eras

NEW

Discover the evolution of music from iconic classics to modern hits. Sing along, guess the lyrics and learn what song was topping the charts the day you were born!

All Ages
Thurs, Apr 17
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50

Spring Registration Deadline: Wed, Apr 10

SSSRA's Got Talent

NEW

Tired of your unique talents going unnoticed? Now is your chance to show your talents. Whether it's singing, dancing, or another special talent, share what makes you amazing!

All Ages
Tues, Apr 22
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50

Spring Registration Deadline: Wed, Apr 15

Get Up & Groove

NEW

Time to get up and groove to the beat of the music! Have fun while dancing to the latest hits!

All Ages
Wed, Apr 23
5:00 to 6:00 pm
Virtual
\$3 R / \$3 NR
Min/Max: 10/50

Spring Registration Deadline: Wed, Apr 16



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Find us on Instagram
[@sssra1973](https://www.instagram.com/sssra1973)

Bowling

Experience the joy of knocking down the pins while having fun with your friends. All ability levels are welcome. This program includes two games or an hour and a half of bowling, whichever comes first. Bowling ramps are available and staff will keep track of participants' averages for Special Olympics.

Due to the popularity of Bowling, please register for only one of the sessions below.

All Ages
Wed, Mar 5 to Apr 23
3:30 to 5:00 pm
Centennial Lanes 2.0, Tinley Park
\$108 R / \$146 NR
Min/Max: 6/20
Winter Registration Deadline: Sun, Feb 9

All Ages
Thurs, Mar 6 to Apr 24
3:30 to 5:00 pm
Thunder Bowl, Mokena
\$108 R / \$146 NR
Min/Max: 6/20
Winter Registration Deadline: Sun, Feb 9

Family Bingo

NEW

Gather your friends and family for an evening of prizes, pizza and fun! Mark off your numbers and cheer each other on during this lively Bingo event. This night is a perfect blend of friendly competition and quality time.

Participants must be accompanied by a parent, guardian or group home staff. This is not a staffed event. Each person attending must register and sign a participation waiver.

All Ages
Fri, Mar 21
6:00 to 8:00 pm
The Bradford Barn, Olympia Fields
\$10 R / \$14 NR
Min/Max: 20/40
Winter Registration Deadline: Sun, Mar 9

Family Bowling

NEW

Lace up your bowling shoes and strike up some family fun! This event includes two games of bowling, pizza and pop.

Participants must be accompanied by a parent, guardian or group home staff. This is not a staffed event. Each person attending must register and sign a participation waiver.

All Ages
Sun, Feb 16
3:00 to 5:00 pm
Thunder Bowl, Mokena
\$15 R / \$21 NR
Min/Max: 20/40
Winter Registration Deadline: Sun, Jan 26

Family Banquet

Everyone is invited for a fun-filled night of dinner, dancing and recognizing our wonderful participants! All SSSRA participants will receive a special gift.

Participants must be accompanied by a parent, guardian or group home staff. This is not a staffed event. Each person attending must register and sign a participation waiver.

If you or your guests do not show up the evening of the event, you will be charged an additional \$30 per person.

All Ages & Family
Thurs, May 15
6:00 to 9:00 pm
Gaelic Park, Oak Forest
\$20 R / \$20 NR
Min/Max: 100/200
Spring Registration Deadline: Sun, Apr 13

Bunny Breakfast

Hop into a morning of family fun at Bunny Breakfast! Enjoy a delicious breakfast and get a picture with the bunny. Pictures will be emailed.

Participants must be accompanied by a parent, guardian or group home staff. This is not a staffed event. Each person attending must register and sign a participation waiver.

If you or your guests do not show up to the event, you will be charged an additional \$10 per person.

Due to the generosity of Ricky's Ride, this special event is offered at a discounted rate for our residents.

All Ages & Family

Sat, Apr 12

9:00 to 10:30 am

Wiley's Grill, Homewood

\$15 R / \$35 NR / \$26 LWSRA & SWSRA

Min/Max: 10/50

Spring Registration Deadline: Sun, Mar 23

Show Choir & Drama Show

See your friends perform at Freedom Hall! Show Choir and Drama Club have been working hard all season and are ready to put on a show that you will not forget. Bring your friends and family members - this event is fun for all ages! Refreshments will be served in the lobby after the performance.

Participants must be accompanied by a parent, guardian or group home staff. This is not a staffed event.

All Ages & Family

Mon, May 5

7:00 pm Show

Freedom Hall, Park Forest

FREE

Min/Max: 5/100

Spring Registration Deadline: Sun, Apr 27



Karate

Learn karate from a true professional! Together we will practice techniques that will build mental and physical strength. Please wear comfortable clothing and shoes. Participants will have the chance to purchase a uniform and test for various levels throughout the program. More information about uniforms will be available the first week of class.

Ages 6 to 12
Mon, Feb 10 to Mar 10
4:00 to 4:50 pm
Tony Bettenhausen Recreation Center,
Tinley Park
\$62 R / \$84 NR
Min/Max: 6/10
Winter Registration Deadline: Sun, Jan 19

Ages 6 to 12
Mon, Mar 31 to Apr 28
4:00 to 4:50 pm
Tony Bettenhausen Recreation Center,
Tinley Park
\$62 R / \$84 NR
Min/Max: 6/10
Spring Registration Deadline: Sun, Mar 9

Yoga

NEW

Discover the joy of yoga! Designed for children, this program blends playful poses with breathing exercises to promote flexibility, focus and inner calm. Each session will be engaging while building strength and balance.

Ages 2 to 12
Wed, Feb 12 to Mar 12
4:00 to 4:45 pm
Oak Forest Park District
\$53 R / \$72 NR
Min/Max: 6/10
Winter Registration Deadline: Sun, Jan 19

Ages 2 to 12
Tues, Apr 1 to Apr 29
4:00 to 4:45 pm
Oak Forest Park District
\$53 R / \$72 NR
Min/Max: 6/10
Spring Registration Deadline: Sun, Mar 9

Gymnastics

Gymnastics is a great way for kids to work on core strength, agility, flexibility, coordination and balance. Children will learn the basics of tumbling and overall fitness, while having fun in a social environment.

Ages 2 to 12
Tues, Feb 11 to Mar 11
4:00 to 4:50 pm
Oak Forest Park District
\$47 R / \$63 NR
Min/Max: 6/10
Winter Registration Deadline: Sun, Jan 19



Little Kickers Soccer

Kickstart your child's love for soccer with this fun and engaging program! It's the perfect way for young athletes to have fun while learning teamwork, coordination and skills. This program will take place in rainy conditions unless there is thunder and lightning. Please dress for the weather.

Ages 2 to 12
 Tues, Apr 1 to Apr 29
 5:00 to 5:45 pm
 Matteson Community Center
 \$40 R / \$54 NR
 Min/Max: 6/10

Spring Registration Deadline: Sun, Mar 9

Basketball Basics

Get ready to hit the court! Perfect for beginners, this program focuses on the fundamentals of basketball like dribbling, shooting and passing. Whether you're aiming to play for fun or build a strong foundation for future play, this is your perfect starting point.

Ages 2 to 12
 Thurs, Feb 13 to Mar 13
 5:00 to 6:00 pm
 Morton Gingerwood School, Oak Forest
 \$55 R / \$75 NR
 Min/Max: 6/10

Winter Registration Deadline: Sun, Jan 19

Volleyball Basics

NEW

Dive into the game with our Volleyball Basics program. Perfect for beginners, this program covers the fundamental techniques of volleyball such as serving, passing, and setting. Staff will guide you through drills that will build confidence and improve your game.

Ages 6 to 12
 Thurs, Apr 3 to May 1
 5:00 to 6:00 pm
 Tony Bettenhausen Recreation Center,
 Tinley Park
 \$47 R / \$63 NR
 Min/Max: 6/10

Spring Registration Deadline: Sun, Mar 9

Busy Bodies

NEW

Are you ready to move and groove? Tailored for energetic kids, this program offers a dynamic mix of physical activities, creative games and fun challenges designed to keep young bodies and minds engaged.

Ages 2 to 12
 Fri, Feb 14 to Mar 14
 5:00 to 6:00 pm
 Marie Irwin Center, Homewood
 \$55 R / \$75 NR
 Min/Max: 6/10

Winter Registration Deadline: Sun, Jan 19

Ages 2 to 12
 Fri, Apr 4 to May 2
 5:00 to 6:00 pm
 Marie Irwin Center, Homewood
 \$55 R / \$75 NR
 Min/Max: 6/10

Spring Registration Deadline: Sun, Mar 9

Sloomoo Institute

NEW

The Sloomooverse is full of never-ending, hand-crafted slime, yummy scents and vivid colors. Check out the slimy mirrors, walk over Lake Sloomoo, and design your very own slime. Let's play and get creative! Please eat lunch before arriving.

Parents are welcome, and all attending must register, sign a participation waiver and pay a \$32 admission fee.

Ages 2 to 12

Sun, Apr 27

2:00 pm Tour

Sloomoo Institute, Chicago

\$60 R / \$81 NR

Min/Max: 6/10

Spring Registration Deadline: Sun, Mar 30

Transportation

SSSRA

12:00 pm Depart / 5:00 pm Return

Coyote Run, Flossmoor

12:30 pm Depart / 4:30 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Sensory Fun

NEW

Children's senses will come alive in this program full of colors, textures and more. They will make vibrant crafts and experience tactile games while discovering the joy of sensory play!

Ages 2 to 12

Sat, Feb 8

10:00 to 11:00 am

The Bradford Barn, Olympia Fields

\$10 R / \$15 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Jan 19

Disney on Ice

Celebrate the magic of courage, love and adventure when Disney on Ice skates into Rosemont. Mickey and his pals are rocking the DJ table and you're on the guest list! Feel the electric atmosphere as they remix our favorite Disney tunes. A hot dog, hamburger or cheese pizza will be provided. Dinner choice comes with chips and drink. Please let staff know what your child likes to eat.

Parents are welcome, and all attending must register, sign a participation waiver and pay a \$40 admission fee. Food is not included for parents.

Allstate Arena is a cashless venue. Please bring a debit/credit card in an envelope with your child's name on it to purchase souvenirs or additional snacks. Bag size is limited to a 12"x12" clear bag.

Ages 2 to 12

Sat, Jan 25

3:00 pm Show

Allstate Arena, Rosemont

\$110 R / \$150 NR

Min/Max: 6/10

Winter Registration Deadline: Sun, Jan 5

Transportation

SSSRA

12:30 pm Depart / 6:30 pm Return

Coyote Run, Flossmoor

1:00 pm Depart / 6:00 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.



Swim Lessons

Swim lessons are fun and essential. Led by certified instructors from Swim Chicago Southland, this program introduces swimmers to basic water skills, breath holding and a series of submerging progressions that lead to unassisted swimming. Your child will strengthen their self-confidence and gross motor skills.

Each swim lesson is 30 minutes. Please sign up for only one session.

Swimmers may only participate in one Swim Lessons program per season. Please note that we share the pool with the public. If your child is not toilet trained, they must wear a swim diaper in the water. SSSRA staff will not assist with changing.

Ages 2 to 12

Sat, Feb 15 to Mar 15

Matteson Community Center

\$100 R / \$135 NR

Min/Max: 1/2 (per time slot)

Winter Registration Deadline: Sun, Jan 19

Ages 2 to 12

Sat, Apr 5 to May 3

Matteson Community Center

\$100 R / \$135 NR

Min/Max: 1/2 (per time slot)

Spring Registration Deadline: Sun, Mar 9

Session Times

10:00 to 10:30 am

10:30 to 11:00 am

11:00 to 11:30 am

11:30 am to 12:00 pm

12:00 to 12:30 pm

Teen Art Club

NEW

Introduce your teen to the wonderful world of art! Participants will learn the basics of art and express their creativity through various mediums.

Ages 13 to 20

Sat, Feb 15 to Mar 15

1:00 to 2:00 pm

Marie Irwin Center, Homewood

\$34 R / \$46 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Jan 19

Ages 6 to 12

Sat, Apr 5 to May 3

1:00 to 2:00 pm

Marie Irwin Center, Homewood

\$34 R / \$46 NR

Min/Max: 6/15

Spring Registration Deadline: Sun, Mar 9

Teen Cooking Squad

NEW

Unleash your inner chef! Learn essential cooking techniques and work alongside your peers to gain and develop new culinary skills. The ever-changing menus offer a wide variety of culinary delights.

Ages 13 to 20

Fri, Feb 14 to Mar 14

5:00 to 6:00 pm

SSSRA, Tinley Park

\$43 R / \$58 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Jan 19

Ages 6 to 12

Fri, Apr 4 to May 2

5:00 to 6:00 pm

SSSRA, Tinley Park

\$43 R / \$58 NR

Min/Max: 6/15

Spring Registration Deadline: Sun, Mar 9

Dive-In Movie & Swim Day

NEW

Beat the winter blues by joining us for an unforgettable day of poolside entertainment, where you can catch a flick and take a dip. A light snack will be served.

Ages 13 to 20

Sat, Mar 22

1:00 to 3:00 pm

Matteson Community Center

\$15 R / \$20 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Mar 2

MISH MASH Adventures

NEW

Let the games begin! During your adventure at MISH MASH, you will work with your team to complete as many challenge rooms as possible. Your team's goal is to complete them all. You will face physical, logical and skill-based challenges, each taking 3-5 minutes to complete with as many attempts as you need or want! Please eat lunch before attending the event.

Ages 13 to 20

Sun, Apr 13

2:00 to 3:00 pm

MISH MASH Adventures, Aurora

\$57 R / \$77 NR

Min/Max: 6/15

Spring Registration Deadline: Sun, Mar 30

Transportation

SSSRA

12:00 pm Depart / 4:30 pm Return

Coyote Run, Flossmoor

12:30 pm Depart / 4:00 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

thank you *to our* SPONSORS

The generous support of our sponsors has made a significant impact on the lives of our participants, and we are truly grateful for their dedication to our mission!

INTERESTED IN BECOMING A SPONSOR?

Please contact us for more information.

815.806.0384

info@sssra.org

PUTTING WITH PURPOSE

Thank You to Our Hole Sponsors

The Arc of Illinois
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Thank You to Our Vendors

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WINTER SPRING SPONSORS

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Stingrays Sports Information

If you have any questions about Stingrays Sports, please contact:

Laura Pubins, Operations Manager
815.806.0384
laura@sssra.org

Please indicate that your shirt size on the Annual Information Form is correct.

Stingrays Powerlifting

Work with SSSRA coaches to get your lifting technique competition ready. Athletes must have their own weight lifting belt and knee high sport socks. Singlets are available at an additional cost. Please bring a bottle of water to all practices.

We will compete in the Regional Tournament (Saturday or Sunday).

All Special Olympics forms must be updated through Summer Games (June 2025) and submitted to the SSSRA office by January 24.

Ages 18 & Older

Thurs, Feb 6 to May 29, No program May 15
6:00 to 8:00 pm

Oak Forest Park District

\$209 R No Singlet / \$300 R With Singlet

\$282 NR No Singlet / \$405 NR With Singlet

Program fee does not include State Competition.

Min/Max: 6/15

Winter Registration Deadline: Sun, Jan 19

Stingrays Unified Cornhole

NEW

Special Olympics athletes and Unified Partners team up to play cornhole, also known as “bags.” This is an exhibition sport with a regional competition. Athletes and Unified Partners will receive participation ribbons.

Unified Partners must register and pay program fees. Athletes should secure their Unified Partner, but SSSRA staff will help secure a Unified Partner if needed.

All Special Olympics forms must be updated through April 15, 2025 and submitted to the SSSRA office by February 7.

Ages 13 & Older

Mon, Feb 17 to Apr 7

Region E Cornhole Tournament: Sat, Apr 12
5:00 to 6:00 pm

Matteson Community Center, Oakwood

\$70 R / \$95 NR

Min/Max: 6/14

Winter Registration Deadline: Sun, Jan 19

cheer the team on!

Stingrays & Police Officer Basketball Game

Cheer on the SSSRA Stingrays & Torch Run Police Officers as they play basketball together in this annual event!

This is not a staffed event. All participants must be accompanied by a parent or guardian.

All Ages

Tuesday, February 25

6:00 pm – Warm-Ups

6:30-7:30 pm – Game

Matteson Community Center

FREE

Please contact Laura Pubins for more information: 815.806.0384 or laura@sssra.org.



Stingrays Track & Field

Lace up your running shoes and meet us at the track. Stretch and practice for the events that you might compete in at the Region E Spring Games, and potentially State Summer Games. You can choose track events such as running or walking, and field events including softball throw, javelin, running/standing long jumps and shot put. Coaches will help you decide what is the best fit for you. Athletes will be given a t-shirt to keep. Please bring a bottle of water and dress for the weather.

All Special Olympics forms must be updated through Summer Games (June 2025) and submitted to the SSSRA office by February 24.

Ages 13 & Older
 Mon, Mar 3 to Apr 28
 6:00 to 7:30 pm
 Tony Bettenhausen Recreation Center,
 Tinley Park (March),
 Location TBA (April)
 \$130 R / \$190 NR
 Program fee does not include State Tournament.
 Min/Max: 6/25
Winter Registration Deadline: Sun, Feb 9

Stingrays Softball

If you are interested in playing softball against other SRAs in a competitive setting, then Stingrays Softball is for you! Every player must have their own glove at the first practice. A practice and game schedule will be provided. Every player will be given a t-shirt and a hat to keep. Please bring a bottle of water to all practices and games.

Athletes will compete in the Regional Tournament (August 2025) and the TR Section Tournament (July 2025).

All Special Olympics forms must be updated through State Tournament (September 2025) and submitted to the SSSRA office by May 30.

Ages 13 & Older
 Tues, May 6 to July 29
 6:30 to 8:00 pm
 Homewood Estates
 \$167 R / \$225 NR
 Program fee does not include State Tournament.
 Min/Max: 10/18
Spring Registration Deadline: Sun, Apr 13

Day Trippers

Let's go on an adventure as we enjoy activities throughout the community! This program has a strong emphasis on socialization and community integration. Please dress for the weather.

Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Door-to-door transportation will be provided for residents, and participants will be notified of their pick-up time. Non-residents will need to meet at SSSRA and will be notified of the departure time.

Due to the popularity of this program, please register for either Group A or Group B. Non-residents, please register for one of the groups.

Due to the generosity of Ozinga, this program is offered at a discounted rate for our residents.

Ages 13 & Older
9:00 am to 5:00 pm
\$290 R / \$420 NR / \$310 LWSRA & SWSRA
Min/Max: 6/10 (per group)
Winter Registration Deadline: Sun, Jan 19

Group A

Country Club Hills, Hazel Crest, Lansing, Oak Forest, Tinley Park

Group B

Homewood-Flossmoor, Matteson, Olympia Fields, Park Forest, Richton Park

Mon, Feb 10 (A) / Mon, Feb 17 (B)
19th Hole & Ice Cream

Mon, Feb 24 (A) / Mon, Mar 3 (B)
Kneaded Earth Pottery Studio

Mon, Mar 10 (A) / Mon, Mar 17 (B)
Oakbrook Center

Mon, Mar 24 (A) / Mon, Apr 7 (B)
Hollywood Palms Cinema

Mon, Apr 14 (A) / Mon, Apr 21 (B)
Scene75 Entertainment Center

shine on the stage

Show Choir

Now is the time to sing your heart out! Show Choir is all about singing with choreographed dance movements. Practice will be held before Drama Club, and singers will perform at the Drama Show at the end of the season.

Ages 13 & Older
Mon, Feb 10 to Apr 28 / Drama Show: May 5
5:15 to 6:15 pm
Freedom Hall, Park Forest
\$100 R / \$135 NR
Min/Max: 6/15
Winter Registration Deadline: Sun, Jan 19

Drama Club

Ready to shine on the big stage? No performing experience is required to participate. On top of having fun, we will work on facial expressions, pantomime and vocal skills. Performing with your friends is a great way to improve verbal and social skills, while building self-confidence. The final night will be a dress rehearsal for the big show.

Ages 13 & Older
Mon, Feb 10 to Apr 28 / Drama Show: May 5
6:30 to 8:00 pm
Freedom Hall, Park Forest
\$150 R / \$200 NR
Min/Max: 6/15
Winter Registration Deadline: Sun, Jan 19

Open Swim

Open Swim gives you the freedom to splash, swim laps or relax in the pool! Staff will be in the water to monitor participants and a lifeguard will be on duty while we are in the water. Locker rooms are available to change and store your belongings. SSSRA staff will not assist with changing. Proper swim attire is required for this program. If participants have a toileting concern, proper swim undergarments are required. Staff will meet participants in the pool area.

Ages 13 & Older
Mon, Mar 31 to Apr 28
6:00 to 7:00 pm
Matteson Community Center
\$50 R / \$68 NR
Min/Max: 6/15
[Spring Registration Deadline: Sun, Mar 9](#)

Gamers Club

NEW

Meet your friends at local gaming spots to play video games together. No matter your skill level, all are welcome to join the club. Transportation is not provided, please meet at locations below.

Feb 11 - Wii Game Social

Tony Bettenhausen Recreation Center
8125 W. 171st Street, Tinley Park

Feb 18 - 19th Hole

9418 W. 191st Street, Mokena

Feb 25 - Roller Rink Arcade

17658 Oak Park Avenue, Tinley Park

Mar 4 - unVReal VR Lounge Virtual Reality

15561 S. 94th Avenue, Orland Park

Mar 11 - Gamers Lounge, Odyssey Fun World

19111 Oak Park Avenue, Tinley Park

Ages 13 & Older
Tues, Feb 11 to Mar 11
6:00 to 7:00 pm
Various Locations
\$114 R / \$154 NR
Min/Max: 6/15
[Winter Registration Deadline: Sun, Jan 19](#)

Game Show Galore

NEW

Come on down and compete with your friends in different game shows, including *Jeopardy*, *Price is Right* and *Deal or No Deal*. Each week, you will have a chance to show off your game show skills. Survey says, "This is sure to be a hit!"

Ages 13 & Older
Tues, Apr 1 to Apr 29
6:00 to 7:00 pm
The Bradford Barn, Olympia Fields
\$46 R / \$62 NR
Min/Max: 6/15
[Spring Registration Deadline: Sun, Mar 9](#)

Healthy Stingrays

NEW

Spring is in full bloom and we are ready to get moving and head outside! Join your friends to take a walk around the community and learn how to fuel your body by making healthy snacks.

Ages 13 & Older
Wed, Apr 2 to Apr 30
10:30 to 11:30 am
SSSRA, Tinley Park
\$46 R / \$62 NR
Min/Max: 6/15
[Spring Registration Deadline: Sun, Mar 9](#)



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[@sssra1973](https://www.instagram.com/sssra1973)

Fast Food & Flicks

Watch a movie on the big screen after having dinner with your friends. We aim for a 7:00 pm show. If times change, you will be contacted with an updated time. Participants will see a G, PG or PG-13 rated movie. R rated movies are available as an option for those who have a permission form on file. You will be given a list of restaurants approximately one week before the program starts.

Due to the popularity of this program, please register for either Group A or Group B.

Ages 13 & Older

5:00 to 10:00 pm

Emagine Frankfort

\$240 R / \$324 NR

Min/Max: 6/12

Winter Registration Deadline: Sun, Jan 19

Group A

Wed, Feb 12, Feb 26, Mar 12, Apr 9, Apr 23

Group B

Wed, Feb 19, Mar 5, Mar 19, Apr 16, Apr 30

Transportation

SSSRA

5:00 pm Depart / 10:30 pm Return

Coyote Run, Flossmoor

4:30 pm Depart / 10:00 pm Return

move + groove

Aerobics

Aerobics combines cardio, stretching and strength exercises for a fun and easy way to stay in shape. Workouts include dancing, resistance bands and seated exercises. Please wear workout clothes and bring a bottle of water.

Ages 13 & Older

Wed, Feb 12 to Mar 12

6:00 to 7:00 pm

Marie Irwin Center, Homewood

\$25 R / \$34 NR

Min/Max: 6/20

Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older

Wed, Apr 2 to Apr 30

6:00 to 7:00 pm

Marie Irwin Center, Homewood

\$25 R / \$34 NR

Min/Max: 6/20

Spring Registration Deadline: Sun, Mar 9

Let's Dance

Put on your dancing shoes! Join your friends each week for a fun night of dancing. Learn popular dance moves while listening to great music. This program will enhance your gross motor skills and encourage socialization. Please wear workout clothes and bring a bottle of water.

Ages 13 & Older

Wed, Feb 12 to Mar 12

7:15 to 8:15 pm

Marie Irwin Center, Homewood

\$25 R / \$34 NR

Min/Max: 6/20

Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older

Wed, Apr 2 to Apr 30

7:15 to 8:15 pm

Marie Irwin Center, Homewood

\$25 R / \$34 NR

Min/Max: 6/20

Spring Registration Deadline: Sun, Mar 9

cooking + crafting

Chef's Kitchen

Learn new recipes, bond with friends and make new connections. Chef's Kitchen makes cooking fun and engaging, ensuring you leave with skills and memories that last a lifetime!

Due to the generosity of Ozinga, this program is offered at a discounted rate for our residents.

Ages 13 & Older
Thurs, Feb 13 to Mar 13
4:30 to 6:30 pm
Hazel Crest Park District
\$74 R / \$116 NR / \$86 LWSRA & SWSRA
Min/Max: 6/15
Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older
Thurs, Apr 3 to May 1
4:30 to 6:30 pm
Hazel Crest Park District
\$74 R / \$116 NR / \$86 LWSRA & SWSRA
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9

Crafty Creations

Say hello to a world of creativity during this fun, interactive program. This is your chance to dive into exciting craft activities with your friends.

Due to the generosity of Ozinga, this program is offered at a discounted rate for our residents.

Ages 13 & Older
Thurs, Feb 13 to Mar 13
6:45 to 7:45 pm
Hazel Crest Park District
\$40 R / \$75 NR / \$55 LWSRA & SWSRA
Min/Max: 6/15
Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older
Thurs, Apr 3 to May 1
6:45 to 7:45 pm
Hazel Crest Park District
\$40 R / \$75 NR / \$55 LWSRA & SWSRA
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9

nature + art

Garden Gems

NEW

Let's start digging in the dirt! Learn the proper techniques for planting and help grow our garden. We will begin each week with a lesson followed by practicing what we learned.

Ages 13 & Older
Thurs, Apr 3 to May 1
10:00 to 11:00 am
SSSRA, Tinley Park
\$46 R / \$62 NR
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9

Picture Perfect Pals

NEW

Point, focus, click! Learn photography skills to capture the best photos. Digital cameras will be provided for use during the program and the photos you take will be printed and mailed after the last program date. Your work will also be featured on our website and social media pages!

Ages 13 & Older
Thurs, Apr 3 to May 1
11:15 am to 12:15 pm
SSSRA, Tinley Park
\$37 R / \$50 NR
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9

Fitness & Fun

Staying active and exercising regularly is important for our health. Work on coordination, balance, strength and muscle tone. Please wear workout clothes and bring a bottle of water. Participants must be able to work successfully in a 1:4 staff to participant ratio.

Ages 13 & Older
Sat, Feb 15 to Mar 15
10:00 to 11:00 am
Oak Forest Park District
\$30 R / \$41 NR
Min/Max: 6/15
Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older
Sat, Apr 5 to May 3
10:00 to 11:00 am
Oak Forest Park District
\$30 R / \$41 NR
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9



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double the fun

Sammy's Furry Friends

NEW

Sammy and Buster talked and they want to invite you to play with their furry pals! Come play fetch, brush, pet and hang out with our dog friends.

Ages 13 & Older
Sat, Feb 15 to Mar 15
1:00 to 2:00 pm
Marie Irwin Center, Homewood
\$27 R / \$42 NR
Min/Max: 6/15
Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older
Sat, Apr 5 to May 3
1:00 to 2:00 pm
Marie Irwin Center, Homewood
\$27 R / \$42 NR
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9

Mad Scientist Club

NEW

Welcome to SSSRA's Mad Scientist Club! You and your friends will learn about different scientific reactions and conduct your own experiments following the lesson! From volcanoes to slime, we will have a mad time.

Ages 13 & Older
Sat, Feb 15 to Mar 15
2:15 to 3:15 pm
Tony Bettenhausen Recreation Center, Tinley Park
\$46 R / \$62 NR
Min/Max: 6/15
Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older
Sat, Apr 5 to May 3
2:15 to 3:15 pm
Tony Bettenhausen Recreation Center, Tinley Park
\$46 R / \$62 NR
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9

Friday Night Flyers

Spend time socializing with your friends and take part in different activities throughout our communities. You will be mailed a schedule of events two weeks prior to the start of the season. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Due to the popularity of social club programs, please register for either Friday Night Flyers or Saturday Socializers.

Ages 13 & Older

Fri, Feb 14 to Mar 14

6:00 to 8:00 pm - Times May Vary

Various Locations

\$120 R / \$162 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older

Fri, Apr 4 to May 2

6:00 to 8:00 pm - Times May Vary

Various Locations

\$120 R / \$162 NR

Min/Max: 6/15

Spring Registration Deadline: Sun, Mar 9

Saturday Night Socializers

Spend Saturday nights socializing with your friends and enjoying different activities throughout our communities. You will be mailed a schedule of events two weeks prior to the start of the season. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Due to the popularity of social club programs, please register for either Friday Night Flyers or Saturday Socializers.

Ages 13 & Older

Sat, Feb 15 to Mar 15

6:00 to 8:00 pm - Times May Vary

Various Locations

\$120 R / \$162 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Jan 19

Ages 13 & Older

Sat, Apr 5 to May 3

6:00 to 8:00 pm - Times May Vary

Various Locations

\$120 R / \$162 NR

Min/Max: 6/15

Spring Registration Deadline: Sun, Mar 9

Pickleball

Learn the basics of Pickleball, including rules, strategy, scoring system and basic strokes. This program encourages team building, enhances endurance and promotes hand-eye coordination. All skill levels are welcome! Please wear workout clothes and bring a bottle of water.

Ages 13 & Older

Sun, Mar 30 to Apr 27, *No program Apr 20*

1:00 to 2:00 pm

Park Forest Tennis Club

\$53 R / \$72 NR

Min/Max: 6/15

Spring Registration Deadline: Sun, Mar 9

TEEN & ADULT

INDIVIDUALS WITH PHYSICAL DISABILITIES

Fishing

NEW

Enjoy a relaxing day by the lake while we learn to fish with volunteers from Fish Tales Fishing Club. They will teach us how to bait the hook, cast out and reel in. We will also hear stories about their great fishing adventures. Please note there is a short walk from the parking lot to the pier. This program will take place in rainy conditions unless there is thunder and lightning.

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Centennial Lake.

Ages 13 & Older with Physical Disabilities
Mon, Mar 31 to Apr 28
6:00 to 7:00 pm
Centennial Lake, Tinley Park
\$55 R / \$168 R with Transportation / \$75 NR
Min/Max: 4/10

Spring Registration Deadline: Sun, Mar 9

Science Buddies

NEW

Calling all scientists! Each week we will create a different and fun science project. It's all about having a good time and seeing what experiments we can come up with.

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Country Club Hills Recreation Center.

Ages 13 & Older with Physical Disabilities
Tues, Apr 1 to Apr 29
11:00 am to 12:00 pm
Marie Irwin Center, Homewood
\$60 R / \$173 R with Transportation / \$81 NR
Min/Max: 4/10

Spring Registration Deadline: Sun, Mar 9

Culinary Creators

NEW

Learn how to make delicious meals with your friends! All cooking utensils and ingredients will be provided.

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Hazel Crest Park District.

Ages 13 & Older with Physical Disabilities
Tues, Feb 11 to Mar 11
11:00 am to 12:30 pm
Hazel Crest Park District
\$118 R / \$231 R with Transportation / \$160 NR
Min/Max: 4/10

Winter Registration Deadline: Sun, Jan 19

Creation Fun

NEW

Show off your creative side as you learn techniques to make a new craft each week. Crafting is a great way to interact with your friends and relax. All supplies will be provided.

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Country Club Hills Recreation Center.

Ages 13 & Older with Physical Disabilities
Wed, Feb 12 to Mar 12
10:00 to 11:00 am
Marie Irwin Center, Homewood
\$60 R / \$173 R with Transportation / \$81 NR
Min/Max: 4/10

Winter Registration Deadline: Sun, Jan 19

Social Time 

NEW

Want to try different activities with your friends? We might try cooking, karaoke, board games, trivia or other fun ideas we think of!

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Hazel Crest Park District.

Ages 13 & Older with Physical Disabilities
 Fri, Feb 14 to Mar 14
 11:00 am to 12:00 pm
 Hazel Crest Park District
 \$95 R / \$208 R with Transportation / \$128 NR
 Min/Max: 4/10
Winter Registration Deadline: Sun, Jan 19

Swimming 

NEW

Swimming is a great way to incorporate a low impact workout into your week! Swimmers will work to improve their stroke technique, including breaststroke and freestyle stroke. You will enhance your muscular strength and cardiovascular endurance. Proper swim attire is required for this program. If participants have a toileting concern, proper swim undergarments are required.

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Matteson Community Center.

Ages 13 & Older with Physical Disabilities
 Fri, Apr 4 to May 2
 10:00 to 11:00 am
 Matteson Community Center
 \$75 R / \$188 R with Transportation / \$101 NR
 Min/Max: 4/10
Spring Registration Deadline: Sun, Mar 9

Hollywood Palms Cinema 

NEW

Hollywood Palms Cinema has full food and drink service that gets delivered right to your seat, making it a convenient and delectable way to experience the movies! The movie will be announced closer to the event date. Lunch and movie ticket are included. Please bring extra money if you would like to purchase additional snacks.

Door-to-door transportation is provided for residents and participants will be informed of their pick-up time. Non-residents will need to meet at SSSRA, and will be notified of the meeting time.

Ages 13 & Older with Physical Disabilities
 Sun, Feb 2
 Early Afternoon Movie Time
 Hollywood Palms Cinema, Naperville
 \$90 R / \$121 NR
 Min/Max: 4/10
Winter Registration Deadline: Sun, Jan 5

19th Hole 

NEW

19th Hole is equipped with a wide range of fun sport games, all played through simulators. You can play golf, basketball, baseball, dodgeball and much more. We will also enjoy appetizers as we play our games and socialize.

Door-to-door transportation is provided for residents and participants will be informed of their pick-up time. Non-residents will need to meet at SSSRA, and will be notified of the meeting time.

Ages 13 & Older with Physical Disabilities
 Sun, Mar 16
 12:00 to 2:00 pm
 19th Hole, Mokena
 \$92 R / \$125 NR
 Min/Max: 4/10
Winter Registration Deadline: Sun, Feb 16



Hawaii Fluid Art

NEW

Join us for a group painting experience at Hawaii Fluid Art. You do not have to have any artistic experience to create a unique painting and have a great time. Hawaii Fluid Art's wonderful instructors will lead the group and help us create our masterpieces. Please eat lunch before you arrive. Snacks will be provided.

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Hawaii Fluid Art at 1:00 pm.

Ages 13 & Older with Physical Disabilities
Sun, April 27
1:00 to 3:00 pm
Hawaii Fluid Art, Tinley Park
\$53 R / \$75 R with Transportation / \$72 NR
Min/Max: 4/10
Spring Registration Deadline: Sun, Mar 30

Superhero Dance

NEW

Superheroes assemble! We need your help to get the party started with music and dancing! Dress as your favorite superhero and show off your amazing costumes to your fellow heroes. A light snack will be provided.

Door-to-door transportation is available for residents and participants will be informed of their pick-up time. Non-residents will need to meet at Richton Park Community Center.

Ages 13 & Older with Physical Disabilities
Fri, May 16
6:00 to 8:00 pm
Don Gorman Recreation Center, Oak Forest
\$25 R / \$47 R with Transportation / \$34 NR
Min/Max: 4/10
Spring Registration Deadline: Sun, Mar 9

Sensory Station

Explore, investigate and create in our sensory program. Participants will ignite their imagination and develop their artistic skills by creating unique masterpieces with different textures and materials.

Ages 13 & Older with
Severe & Profound Disabilities
Tues, Feb 11 to Mar 11
5:00 to 6:00 pm
The Bradford Barn, Olympia Fields
\$37 R / \$50 NR
Min/Max: 6/10
Winter Registration Deadline: Sun, Jan 19

Baking Club

NEW

Spark your culinary creativity in the kitchen. If you're new to baking or trying to level up your skills with advanced techniques, our baking program offers a great way to expand your skill set. Each week, participants will make a new dessert or snack.

Ages 13 & Older with
Severe & Profound Disabilities
Tues, Apr 1 to Apr 29
5:00 to 6:00 pm
Richton Park Community Center
\$46 R / \$62 NR
Min/Max: 6/15
Spring Registration Deadline: Sun, Mar 9

Music & Movement

Get in sync with your mind and body as we move to the beat of the music! Participants will stretch, sing, dance and explore music with rhythm instruments.

Ages 13 & Older with
Severe & Profound Disabilities
Thurs, Feb 13 to Mar 13
6:00 to 7:00 pm
Park Forest Village Hall
\$32 R / \$43 NR
Min/Max: 6/10
Winter Registration Deadline: Sun, Jan 19

Pet Therapy

NEW

Spend time with the best friends you could ever ask for! Healing Hearts Comfort Dogs provide hope and healing through the compassion of canine companions. Interact with the dogs, give simple commands, and watch them perform tricks.

Ages 13 & Older with
Severe & Profound Disabilities
Thurs, Apr 3 to May 1
6:00 to 7:00 pm
SSSRA, Tinley Park
\$33 R / \$45 NR
Min/Max: 6/10
Spring Registration Deadline: Sun, Mar 9



TEEN & ADULT

INDIVIDUALS WITH SEVERE & PROFOUND DISABILITIES

Valentine's Day Party

Grab your dancing shoes and get ready for a great time as we celebrate Valentine's Day with friends. A light snack will be provided.

Ages 13 & Older with
Severe & Profound Disabilities

Fri, Feb 14

6:00 to 7:00 pm

Don Gorman Recreation Center, Oak Forest

\$17 R / \$23 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Jan 19

LEGOLAND Discovery Center

NEW

Discover a world of color, creativity and fun as we explore LEGOLAND! On our journey we will see landmarks come to life, brave the wild at the jungle exhibit and experience a short 4D Lego Movie. Lunch will be provided.

Ages 13 & Older with
Severe & Profound Disabilities

Sun, May 4

10:00 am to 12:00 pm

LEGOLAND, Schaumburg

\$80 R / \$110 NR

Min/Max: 6/15

Spring Registration Deadline: Sun, Mar 9

Transportation

SSSRA

8:15 am Depart / 1:45 pm Return

Coyote Run, Flossmoor

8:45 am Depart / 1:15 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

REGISTRATION DATES

Winter In-Person Program Registration Dates

Resident Registration

Begins Monday, November 18 at 9:00 am

Non-Resident Registration

Begins Monday, December 16 at 9:00 am

Winter Virtual Program Registration Dates

Resident Registration

Begins Monday, November 18 at 9:00 am

Non-Resident Registration

Begins Monday, November 18 at 9:00 am

Spring In-Person Program Registration Dates

Resident Registration

Begins Monday, November 18 at 9:00 am

Non-Resident Registration

Begins Monday, January 6 at 9:00 am

Spring Virtual Program Registration Dates

Resident Registration

Begins Monday, November 18 at 9:00 am

Non-Resident Registration

Begins Monday, November 18 at 9:00 am

Registration deadlines vary. Please note program or special event description.

Chicago Bulls

Let's head downtown to cheer on our very own Chicago Bulls as they take on the Atlanta Hawks. Keep an eye on the scoreboard for a message welcoming us to the game! A hot dog or hamburger, chips and drink are included.

The United Center is a cashless venue. Please bring a debit/credit card to purchase souvenirs or additional snacks. Participants must be able to work successfully in a 1:4 staff to participant ratio. Our seats will be in the 300 level.

The NBA's policy prohibits all backpacks and hard-sided bags, along with any other bags (including briefcases, luggage, purses and diaper bags) larger than 14"x14"x6" in size. SSSRA recommends a clear tote bag.

Ages 13 & Older

Wed, Jan 15

7:00 pm Game

United Center, Chicago

\$118 R / \$138 R with Transportation Home* / \$160 NR

Min/Max: 6/15

Winter Registration Deadline: Sun, Dec 22

Transportation

SSSRA

4:15 pm Depart / 11:15 pm Return

Coyote Run, Flossmoor

4:45 pm Depart / 10:45 pm Return

*Door-to-door transportation home is offered for residents only. Maximum participants is eight.

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Valentine's Date Night

Make this Valentine's Day unforgettable! Enjoy an evening filled with delectable food, intimate conversations and a warm atmosphere. Don't miss out on creating cherished memories!

Each person attending must register and sign a participation waiver. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Ages 13 & Older

Fri, Feb 7

6:00 to 8:00 pm

Gatto's, Tinley Park

\$25 R / \$34 NR

Min/Max: 10/20

Winter Registration Deadline: Sun, Jan 19

Rocket Pro Wrestling

Rocket Pro Wrestling Company is a family owned and operated Independent Professional Wrestling event provider. Multiple matches with a variety of wrestlers is sure to be a night of action! Please bring money for dinner and concessions. Only cash is accepted.

Ages 13 & Older

Sat, Feb 8

4:00 to 8:00 pm

St. Joe's Park, Joliet

\$58 R / \$78 R with Transportation Home* / \$67 NR

Min/Max: 10/20

Winter Registration Deadline: Sun, Jan 26

Transportation

SSSRA

2:15 pm Depart / 9:15 pm Return

Coyote Run, Flossmoor

2:45 pm Depart / 8:45 pm Return

*Door-to-door transportation home is offered for residents only. Maximum participants is eight.

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Valentine's Dance

Love is in the air and cupid is roaming! It's time to put on your favorite party outfit and dance with your friends at SRJC to celebrate this sweet season. We will enjoy great music, pizza, desserts and more!

Ages 13 & Older

Fri, Feb 14

6:00 to 8:00 pm

Kathy Green Multi-Purpose Center, Joliet

\$32 R / \$52 R with Transportation Home* /

\$43 NR

Min/Max: 10/20

Winter Registration Deadline: Sun, Jan 19

Transportation

SSSRA

4:30 pm Depart / 9:30 pm Return

Coyote Run, Flossmoor

5:00 pm Depart / 9:00 pm Return

*Door-to-door transportation home is offered for residents only. Maximum participants is eight.

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.



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Find us on Instagram
[@sssra1973](https://instagram.com/sssra1973)

Mardi Gras Mambo

Get ready to experience Mardi Gras! We are bringing Bourbon Street all the way here so we can party New Orleans style with music, dancing, snacks and of course... beads!

Ages 13 & Older

Fri, Feb 21

7:00 to 9:00 pm

Oak Lawn Park District

\$31 R / \$51 R with Transportation Home* /

\$42 NR

Min/Max: 10/20

Winter Registration Deadline: Sun, Jan 19

Transportation

SSSRA

5:45 pm Depart / 10:15 pm Return

Coyote Run, Flossmoor

6:15 pm Depart / 9:45 pm Return

*Door-to-door transportation home is offered for residents only. Maximum participants is eight.

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Oak Forest Fleadh Parade

The City of Oak Forest is kicking off St. Patrick's Day, and SSSRA has been invited to walk in their annual parade. Come dressed in green and get ready to wave to everyone along the parade route. Participants must be willing and able to walk the parade route. Please dress for the weather and wear comfortable walking shoes.

Due to the generosity of Ozinga, this program is offered free of charge for our residents.

Ages 13 & Older

Sat, Mar 1

Meet at SSSRA at 9:15 am

11:00 am to 12:00 pm Parade Time

FREE R / \$27 NR / \$20 LWSRA & SWSRA

Min/Max: 6/12

Winter Registration Deadline: Sun, Feb 16

Medieval Times

NEW

Travel back in time to the Renaissance era and experience an epic tournament like no other. The knights at Medieval Times will compete and battle against one another to determine who will protect the throne, and we get to watch! Feast like a royal and toast to the Queen. Dinner will be provided during the show. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Ages 13 & Older
 Sun, Mar 2
 4:00 pm Show
 Medieval Times, Schaumburg
 \$125 R / \$169 NR
 Min/Max: 10/20
Winter Registration Deadline: Sun, Feb 2

Transportation

SSSRA
 1:45 pm Depart / 8:00 pm Return

 Coyote Run, Flossmoor
 2:15 pm Depart / 7:30 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Waitress: The Musical

NEW

Waitress, based on the movie with the same title, follows the story of Jenna who finds an escape from her life in a small town by baking pies with her two best friends who work at the diner with her. Follow her journey in life through song and dance. We will stop for an early lunch at a fast food restaurant before the show.

Due to the generosity of Ozinga, this special event is offered at a discounted rate for our residents.

Ages 13 & Older
 Sun, Mar 16
 1:00 pm Show
 Paramount Theatre, Aurora
 \$110 R / \$177 NR / \$131 LWSRA & SWSRA
 Min/Max: 10/20
Winter Registration Deadline: Sun, Feb 9

Transportation

SSSRA
 9:30 am Depart / 5:30 pm Return

 Coyote Run, Flossmoor
 10:00 am Depart / 5:00 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

March Madness on the Big Screen

Calling all college basketball fans! We are heading to Buffalo Wild Wings to watch the NCAA March Madness tournament while we enjoy delicious wings. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Ages 13 & Older
 Sat, Mar 22
 11:30 am to 2:00 pm
 Buffalo Wild Wings, Tinley Park
 \$38 R / \$51 NR
 Min/Max: 10/20
Winter Registration Deadline: Sun, Feb 23

Chicago Blackhawks

Put on your Chicago Blackhawks gear and cheer them on as they take on the New Jersey Devils. A hot dog or hamburger and chips with a drink is included.

The United Center is a cashless venue. Please bring a debit/credit card to purchase souvenirs or additional snacks. Participants must be able to work successfully in a 1:4 staff to participant ratio.

The bag policy prohibits all backpacks and hard-sided bags, along with any other bags (including briefcases, luggage, purses and diaper bags) larger than 14"x14"x6" in size. SSSRA recommends a clear tote bag.

Ages 13 & Older
Wed, Mar 26
6:30 pm Game
United Center, Chicago
\$127 R / \$147 R with Transportation Home* / \$171 NR
Min/Max: 10/20
Winter Registration Deadline: Sun, Feb 16

Transportation

SSSRA
4:00 pm Depart / 11:00 pm Return

Coyote Run, Flossmoor
4:30 pm Depart / 10:30 pm Return

*Door-to-door transportation home is offered for residents only. Maximum participants is eight.

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Activate

NEW

Activate is a new gaming facility dedicated to getting you moving as you become a player in different active virtual games. The goal is to work as a group and complete as many challenges as you can within the different rooms! Each room has a different interactive technology that reacts in real time to make you a part of the game.

Please note that each room may have lighting and effects such as strobes and or lasers.

Lunch will be provided after our time slot at a local fast food restaurant. Participants must be able to work successfully in a 1:4 staff to participant ratio.

Ages 13 & Older
Sun, Mar 30
11:30 am to 2:30 pm
Activate, Oak Brook
\$86 R / \$116 NR
Min/Max: 10/20
Winter Registration Deadline: Sun, Feb 23

Transportation

SSSRA
10:00 am Depart / 4:00 pm Return

Coyote Run, Flossmoor
10:30 am Depart / 3:30 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Chicago Steel Ice Hockey

NEW

Grab your SSSRA gear and support the Chicago Steel as they face the Muskegon Lumberjacks on SRA Night! Cheer them on while hanging out with peers from other SRAs.

Each participant will get a food voucher for a hot dog, drink and chips. Please bring money and/or a debit/credit card for souvenirs or additional snacks. Participants must be able to work successfully in a 1:4 staff to participant ratio.

Ages 13 & Older

Sat, Apr 12

6:05 pm Game

Fox Valley Ice Arena, Geneva

\$68 R / \$88 R with Transportation Home* /

\$92 NR

Min/Max: 10/20

Spring Registration Deadline: Sun, Mar 9

Transportation

SSSRA

3:15 pm Depart / 10:30 pm Return

Coyote Run, Flossmoor

3:45 pm Depart / 10:00 pm Return

*Door-to-door transportation home is offered for residents only. Maximum participants is eight.

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Big Wolf Ranch

NEW

Lizards, bears, and wolves, oh my! Get up close and personal with the wildlife as John, owner of Big Wolf Ranch, presents information about the animals he cares for.

Please eat lunch prior to arriving at the program. If you need a snack during the program, please bring one with you. Participants must be able to work successfully in a 1:4 staff to participant ratio.

Ages 13 & Older

Sat, Apr 26

1:15 to 3:45 pm

Big Wolf Ranch, Lockport

\$35 R / \$47 NR

Min/Max: 10/20

Spring Registration Deadline: Sun, Mar 23

Transportation

SSSRA

12:00 pm Depart / 5:00 pm Return

Coyote Run, Flossmoor

12:30 pm Depart / 4:30 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

Starved Rock Picnic & Hike

NEW

Voted the #1 attraction in Illinois, Starved Rock offers amazing waterfalls and hiking trails and breathtaking views. There will be lots of walking so make sure to dress appropriately for the weather and wear comfortable, closed toed walking shoes. Please bring a water bottle and a sack lunch for a group picnic during our hike!

Participants must be able to work successfully in a 1:4 staff to participant ratio and be able to walk one mile or longer without assistance.

Ages 13 & Older
Sun, May 4
11:00 am to 2:45 pm
Starved Rock, Utica
\$35 R / \$47 NR
Min/Max: 10/20

Spring Registration Deadline: Sun, Apr 6

Transportation

SSSRA
9:00 am Depart / 5:00 pm Return

Coyote Run, Flossmoor
9:30 am Depart / 4:30 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.



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Whirlyball

NEW

Whirlyball is a team sport that combines elements of basketball, lacrosse and hockey as you ride in small electric vehicles, similar to bumper cars. The objective of the game is to work as a team to get the ball to hit the goal. Before we begin our game, we will grab lunch at a restaurant near the Whirlyball location. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Ages 13 & Older
Wed, May 7
1:30 to 3:30 pm
Whirlyball, Naperville
\$72 R / \$97 NR
Min/Max: 10/20
Spring Registration Deadline: Sun, Apr 13

Transportation

SSSRA
10:00 am Depart / 5:00 pm Return

Coyote Run, Flossmoor
10:30 am Depart / 4:30 pm Return

Please register for the event based on your pick-up/drop-off location. A minimum of three participants must be registered for each location.

SSSRA Formal

Join us for a fun night of dinner and dancing. Staff will snap some great pictures of you and your friends and we will crown the King and Queen at the end of the night.

Ages 13 & Older
Fri, Apr 18
6:00 to 8:00 pm
Park Place at Central, Oak Forest
\$28 R / \$48 R with Transportation Home* / \$37 NR
Min/Max: 10/50

Spring Registration Deadline: Sun, Apr 6

*Door-to-door transportation home is offered for residents only. Maximum participants is eight.

The Amazing STING-race

NEW

Welcome to the biggest scavenger hunt we have ever offered! A spin on the television series, The Amazing Race, you will compete in groups of 2-3 in different challenges around downtown Tinley Park, using clues given to you, ending at the finish line. Each group will have a staff member to assist in challenges and navigate the downtown area. Participants must be able to work successfully in a 1:4 staff to participant ratio. We will email you a meeting location.

Ages 13 & Older

Sat, May 10

1:00 to 3:00 pm

Downtown Tinley Park

\$15 R / \$20 NR

Min/Max: 10/20

Spring Registration Deadline: Sun, Apr 6

Serendipity Yoga

NEW

Say goodbye to stress and hello to a world of relaxation and fun. This event offers soothing exercises designed to melt away tension. Start your wellness journey with Serendipity Yoga today!

Ages 13 & Older

Mon, May 12

6:00 to 7:00 pm

Marie Irwin Center, Homewood

\$10 R / \$14 NR

Min/Max: 10/20

Spring Registration Deadline: Sun, May 4

Urban Air

It's time to "jump! jump!" and join your friends at Urban Air for a night of fun! Play trampoline dodgeball, try different obstacle challenges, play laser tag and of course... jump around! Please bring money or a credit/debit card to purchase concessions. Participants must be able to work successfully in a 1:4 staff to participant ratio.

Ages 13 & Older

Fri, May 23

6:00 to 8:00 pm

Urban Air, Mokena

\$63 R / \$85 NR

Min/Max: 10/20

Spring Registration Deadline: Sun, Apr 27

Due to the generosity of an anonymous donor, virtual programs and virtual special events are offered at a discounted rate for all participants.

Book Club - *Harry Potter and the Prisoner of Azkaban*

Join us for the third book of the Harry Potter series, which follows Harry in his third year Hogwarts's School of Witchcraft and Wizardry.

If time permits, we will watch the movie together at the end of the season. Register by the deadline to have a book sent to you.

Ages 13 & Older
Mon, Feb 10 to Apr 28
6:30 to 7:30 pm
Virtual
\$5 R / \$5 NR
Winter Registration Deadline: Mon, Feb 3

Kitchen Fun

It's time to put on your chef's hat and learn how to cook or bake using quick and easy recipes. Each week, we will make something different. A list of recipes will be emailed to you the week before the program begins.

Ages 13 & Older
Tues, Feb 11 to Mar 11
11:00 to 11:30 am
Virtual
\$5 R / \$5 NR
Winter Registration Deadline: Tues, Feb 4

Ages 13 & Older
Tues, Apr 1 to Apr 29
11:00 to 11:30 am
Virtual
\$5 R / \$5 NR
Spring Registration Deadline: Tues, Mar 25

All Teen & Adult virtual programs have a 5/50 Min/Max.

Gametime Fun

If you like to play trivia, memory games or anything in between, join us for Gametime Fun!

Ages 13 & Older
Tues, Jan 7 to Feb 4
6:30 to 7:00 pm
Virtual
\$5 R / \$5 NR
Winter Registration Deadline: Tues, Dec 31

Coffee Chats

Start your day off right with a fun and welcoming chat that will boost your mood.

Ages 13 & Older
Wed, Feb 12 to Mar 12
10:00 to 10:30 am
Virtual
\$5 R / \$5 NR
Winter Registration Deadline: Wed, Feb 5

Ages 13 & Older
Wed, Apr 2 to Apr 30
10:00 to 10:30 am
Virtual
\$5 R / \$5 NR
Spring Registration Deadline: Wed, Mar 26

Weight Workout

Grab light weights and a bottle of water for your weekly workout. No weights? Don't worry! Body weight is just as effective.

Ages 13 & Older
Fri, Feb 14 to Mar 14
10:00 to 10:30 am
Virtual
\$5 R / \$5 NR
Winter Registration Deadline: Fri, Feb 7

Ages 13 & Older
Fri, Apr 4 to May 2
10:00 to 10:30 am
Virtual
\$5 R / \$5 NR
Spring Registration Deadline: Fri, Mar 28



MIND-BODY-BALANCE

—★ FOR VETERANS ★—

Mind-Body-Balance for Veterans is a fitness program designed to serve disabled Veterans throughout SSSRA's member communities. SSSRA and our member communities are committed to making a difference in the lives of Veterans by offering an opportunity to establish a healthy lifestyle through wellness and fitness goals.

Mind-Body-Balance for Veterans is offered to Veterans of all ages with a DD214 Honorable Discharge and 10% or higher disability rating. The program includes a free one-year gym membership, a personal training session option and monthly social activities. Accessible equipment is available.

Veterans must be residents of one of SSSRA's member communities.

Mind-Body-Balance for Veterans registration will be accepted January 1 to May 31 and September 1 to December 31.

Mind-Body-Balance for Veterans is offered at the following fitness facilities:

H-F Racquet & Fitness Club
2920 W. 183rd Street, Homewood

Matteson Community Center
20642 Matteson Avenue, Matteson

Oak Forest Health & Fitness Center
15601 S. Central Avenue, Oak Forest

Tinley Fitness
8125 W 171st Street, Tinley Park

For more information, please contact:
Juanita Williams
815.806.0384
juanita@sssra.org

How to Register

Online

register.capturepoint.com/SSSRA

Mail

Send completed registration form with payment to our office:

19910 80th Avenue, Tinley Park, IL 60487

Fax

Fax completed registration form to 815.806.0390. Please call our office at 815.806.0384 to pay over the phone.

Drop-Off

Drop-off completed registration form at our office. A drop box is located on the north side of the building if after business hours.

Email

Email completed registration form to register@sssra.org. Please call our office at 815.806.0384 to pay over the phone.

Your receipt will be sent to you after your registration is processed. You will be notified if a program is canceled.

Online payments can be made with a credit card. Office payment options include credit card, check or money order. Credit cards accepted are VISA, MasterCard or Discover Card. Cash will only be accepted in person at the SSSRA office.

If you are registering online, the Annual Information Form is available on the online registration website. If you are registering in the office, the Registration Form, Annual Information Form and Scholarship Application are available. Please visit www.sssra.org/forms/ if you would like to access the forms online.

Refund Policies

- A full refund will be issued if a program does not run for the season. A refund will not be provided for cancellations due to inclement weather.
- If a participant drops a program prior to the start and no costs have been incurred, a \$5 per program service fee will be charged and a refund will be issued.
- If a participant drops a special event and SSSRA has incurred no costs due to purchase of tickets, rentals, deposits, etc., a \$5 service fee per event will be charged and a refund will be issued.
- In the event of prolonged illness or moving, a \$5 service fee will be charged for each program and/or event, and a pro-rated refund issued. A doctor's notice is required for illness.
- A pro-rated refund may be given if SSSRA deems the program is inappropriate for a participant.
- No refunds will be issued for amounts under \$5.
- Refunds can be issued in the form of a credit to the account or a check can be issued. Some refunds can go back to the original credit card. Please inform the office how you would like to receive your refund.
- Participants who receive a scholarship will receive prorated refunds when applicable.
- Fees will not be prorated if participants register for an event on the same day as a scheduled weekly program because programs and special events are already subsidized between 35-50%.
- If a participant misses a program or special event, a refund will not be given.

Registration Policies

- Any household balance due from a previous program season must be paid in full before any registration is accepted for the current season. The balance due must be paid with cash, credit card, check or money order. Online payments can be made with a credit card. Office payment options include credit card, check or money order. Credit cards accepted are VISA, MasterCard or Discover Card. Cash will only be accepted in person at the SSSRA office.
- Multiple Program Registration Discount: SSSRA residents will receive a \$25 discount when they register for \$200 or more in programs and/or special events. Winter and Spring are separate seasons. Completed registration forms and full payment must be made by 5:00 pm on the registration deadline date for this to apply. No exceptions will be made to any of the criteria listed. Does not apply to Day Camp or Trips. Please call the office for details if you are registering online.
- Registration forms will be accepted by walk-ins, mail, facsimile or online. However, an individual is not considered registered until SSSRA has received a minimum payment of 25% of the registration fees along with the completed and signed registration form and waiver(s). When sending a fax to SSSRA, it is mutually understood that the facsimile document shall substitute for and have the same legal effect as the original form. Please contact the SSSRA office to confirm that your fax was received.
- Special events and virtual programs must be paid in full at the time of registration.
- Due to increased volume of participants and programs, a minimum payment of 25% of the registration fees should accompany the registration form for general programs. Contact the SSSRA Executive Director to make any payment plan arrangements, if necessary.
- Registrations are processed on a first-come, first-served basis.
- Programs have a minimum and maximum size. Program minimum must be met by member agency residents. You will be notified after a deadline only if the program is full and you did not get in.
- Participant ages listed in the brochure are approximations. If your child is close to the ages listed and is interested in the program, please call the Superintendent to discuss a solution.
- If vacancies exist after the registration deadline, siblings and individuals without disabilities will be allowed to register for designated programs, as considered appropriate by SSSRA staff.
- If you register after the registration deadline or after a program begins, you may not be able to attend that program the following week.

Non-Resident Registration & Fees

Because SSSRA is supported through the tax dollars of its member communities, the non-resident fees reflect a more equitable rate in relation to that of its tax supporting members and the actual cost of providing the programs. Non-resident policies are as follows:

- Non-resident fees are 35% higher than resident fees for programs, summer day camp and special events.
- The non-resident pays the entire fee to SSSRA at the time of registration. Some local park districts or recreation departments may reimburse a portion of your fee.
- Non-residents are ineligible for scholarships.
- Non-residents may begin to register for virtual programs on the same day as resident registration begins. Non-residents may begin to register for in-person programs three weeks after resident registration begins. Registration will be on a first-come, first-serve basis. Non-resident registrations for in-person programs will be processed if vacancies still exist in the programs.

Scholarships

SSSRA is in a position to offer limited scholarship opportunities in the form of fee discounts to SSSRA residents with disabilities who would like to participate in one or more programs, but who cannot afford the total fees charged.

SSSRA's Board of Directors has established specific guidelines for the administration of scholarships. A Scholarship Application (available at SSSRA or at sssra.org) must be completed. Please submit the application to SSSRA's Executive Director, along with the completed registration form and a deposit.

- The deadline for requesting scholarships for the program session is the same as the registration deadline.
- Participants who receive day camp scholarships will be responsible for paying fees for any weekly programs or special events they register for.
- Scholarships are not available for vacation trips, weekend trips or Special Olympics state trips.
- SSSRA reserves the right to request proof of financial circumstances, including tax return documents, when needed.

First Time Participants - \$15 Off

- Clip the coupon and attach it to your completed registration form.
- Deduct \$15 off the total fee from your payment.
- Submit the registration form and coupon by the registration deadline to the SSSRA office.
- If registering online, please call 815.806.0384 or email info@sssra.org to use the coupon.



\$15 WELCOME COUPON

\$15 off SSSRA program or special event for new participants. Valid for residents only. Siblings, spouses, parents and non-residents are not eligible for the coupon. Excludes Summer Day Camp and weekend trips.

If registering online, please call 815.806.0384 or email info@sssra.org to use the coupon.



- | | | | | | |
|----|---|----|---------------------------------|----|----------------------------|
| 31 | 19th Hole | 25 | Game Show Galore | 15 | Show Choir & Drama Show |
| 38 | Activate | 25 | Gamers Club | 18 | Sloomoo Institute |
| 26 | Aerobics | 42 | Gametime Fun | 10 | Social Time |
| 41 | The Amazing STING-race | 27 | Garden Gems | 31 | Social Time |
| 10 | Animal Exploration | 13 | Get Up & Groove | 40 | SSSRA Formal |
| 33 | Baking Club | 16 | Gymnastics | 13 | SSSRA's Got Talent |
| 17 | Basketball Basics | 32 | Hawaii Fluid Art | 12 | St. Patrick's Day Party |
| 39 | Big Wolf Ranch | 25 | Healthy Stingrays | 40 | Starved Rock Picnic & Hike |
| 42 | Book Club - <i>Harry Potter and the Prisoner of Azkaban</i> | 31 | Hollywood Palms Cinema | 22 | Stingrays Powerlifting |
| 14 | Bowling | 16 | Karate | 23 | Stingrays Softball |
| 15 | Bunny Breakfast | 42 | Kitchen Fun | 23 | Stingrays Track & Field |
| 17 | Busy Bodies | 34 | LEGOLAND Discovery Center | 22 | Stingrays Unified Cornhole |
| 27 | Chef's Kitchen | 26 | Let's Dance | 10 | Stretching |
| 38 | Chicago Blackhawks | 17 | Little Kickers Soccer | 19 | Swim Lessons |
| 35 | Chicago Bulls | 28 | Mad Scientist Club | 31 | Swimming |
| 39 | Chicago Steel Ice Hockey | 37 | March Madness on the Big Screen | 32 | Superhero Dance |
| 42 | Coffee Chats | 36 | Mardi Gras Mambo | 12 | Surprise Bingo |
| 27 | Crafty Creations | 37 | Medieval Times | 12 | Taylor Swift |
| 30 | Creation Fun | 20 | MISH MASH Adventures | 20 | Teen Art Club |
| 30 | Culinary Creators | 12 | Monday Mysteries | 20 | Teen Cooking Squad |
| 24 | Day Trippers | 33 | Music & Movement | 11 | Travel Buddies |
| 18 | Disney on Ice | 13 | Music Through the Eras | 12 | Trip to Amsterdam |
| 20 | Dive-In Movie & Swim Day | 36 | Oak Forest Fleadh Parade | 13 | Trip to Ireland |
| 24 | Drama Club | 25 | Open Swim | 41 | Urban Air |
| 11 | Drawing Techniques | 33 | Pet Therapy | 36 | Valentine's Dance |
| 11 | Drawing Techniques - Art of Cartoons & Anime | 29 | Pickleball | 35 | Valentine's Date Night |
| 14 | Family Banquet | 27 | Picture Perfect Pals | 34 | Valentine's Day Party |
| 11 | Family Bingo | 35 | Rocket Pro Wrestling | 17 | Volleyball Basics |
| 14 | Family Bingo | 28 | Sammy's Furry Friends | 37 | Waitress: The Musical |
| 14 | Family Bowling | 29 | Saturday Night Socializers | 42 | Weight Workout |
| 26 | Fast Food & Flicks | 30 | Science Buddies | 40 | Whirlyball |
| 30 | Fishing | 18 | Sensory Fun | 13 | WWE Watch Party |
| 28 | Fitness & Fun | 33 | Sensory Station | 16 | Yoga |
| 29 | Friday Night Flyers | 41 | Serendipity Yoga | | |
| | | 24 | Show Choir | | |

REGISTRATION FORM

Participant's Name _____

Address _____ City _____ State _____ ZIP _____

Date of Birth ____/____/____

Phone - Home _____ Work _____ Cell _____

Place a check mark beside the phone number you would like us to use first.

Parent(s)/Guardian(s) Name _____

Address _____ City _____ State _____ ZIP _____

If different from above.

Phone - Home _____ Work _____ Cell _____

Place a check mark beside the phone number you would like us to use first.

Parent(s)/Guardian(s) Email Address _____

Check here if you would like to receive our email newsletter. SSSRA will not share your email address.

Emergency Contact _____ Relationship _____

Phone - Home _____ Work _____ Cell _____

Place a check mark beside the phone number you would like us to use first.

Group Home/Residential Facility _____ Manager/Caseworker _____

Manager/Caseworker Phone - Office _____ After Hours _____

Program Name	Resident Fee	Non-Resident Fee
Guest Name		
Program/Event		
Total		

An updated Annual Information Form & Medication Dispensing Form (if applicable) must be on file to complete registration.

Registration forms will be accepted via walk-in, mail, email or fax.* Registration is not complete until SSSRA has received the registration form(s), waiver(s) and payment. The registration form(s) must be filled out completely and signed by parent or guardian. All guests must sign waiver(s). Submit forms with a deposit to complete registration.

*When sending a facsimile transmission to SSSRA, it is mutually understood that the fax document shall substitute for and have the same legal effect as the original form. Please call to confirm that your fax was received.

SOUTH SUBURBAN SPECIAL RECREATION ASSOCIATION Participation Waiver

All participants who enroll in SSSRA's Programs must sign off on the following expectations, warning of risk, and supervision requirements to be eligible to participate.

Behavior Expectations

- SSSRA requires all participants to comply with the following:
- Show respect to all participants and staff. Must refrain from threatening or causing bodily harm to self or other participants or staff. Bullying of any form will not be tolerated.
- Listen to and comply with staff directions.
- Refrain from using foul language or other offensive behavior such as rude or inappropriate gestures or sexually explicit language.
- Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.
- Remain fully clothed at all times.
- Participants must show respect for equipment, supplies and facilities

If inappropriate behavior occurs, staff will provide a warning. If inappropriate behavior continues to occur, staff will discontinue participation immediately. Staff will follow up with the parent/caregiver at the conclusion of the program by phone to discuss future eligibility. A prompt resolution will be sought specific to each individual situation.

Note: SSSRA reserves the right to resort to immediate dismissal depending on the nature of the incident.

Warning of Risk

You should consult your physician or other health care professional before starting any of SSSRA I programs that involves athletic activities, strenuous exertion program, such as dance, exercise, or movement programs etc., to determine if it is right for your needs. If you experience faintness, dizziness, pain or shortness of breath at any time while participating you should stop immediately. If you choose to participate with SSSRA programs, you do so at your own risk and acknowledge that the activity/programs carry an inherent risk of physical injuries.

I understand that it is my responsibility to ensure there is adequate space for myself or my child/ward to follow the instructor's directions and movements safely and without the possibility of tripping or colliding with objects, furniture, walls, stairwells, or any other object that could pose a potential injury, and that each participant or parent/guardian is solely responsible for assessing if they can participate safely in the space they have chosen.

To the extent permitted by law, South Suburban Special Recreation Association and its affiliates disclaim any-and-all liability in connection with the activity/program presented and any instructions and advice provided.

Mandated Reporter Statement

All SSSRA Staff are mandated reporters and as such are legally required to report any of the following:

- Abuse and neglect of a child, elder, or of an individual who is mentally or physically disabled.
- Suicide threats.
- Threats to the well-being of others.

Supervision Acknowledgment

Due to the limitations of virtual recreation programming staff will not be able to support disruptive or challenging behavior in the ways that they are traditionally able to. Additionally, our programming may not be fully inclusive of each individual's unique needs. For these reasons we ask that a parent/caregiver or family member can supervise and provide intervention as needed.

SOUTH SUBURBAN SPECIAL RECREATION ASSOCIATION

Program Participation Waiver, Release of All Claims and Hold Harmless Agreement

Please read this form carefully and be aware that, in signing up and participating in South Suburban Special Recreation Association (SSSRA) programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms “I”, “me”, and “my” also refer to parents or guardians as well as participants in the program. In registering for these programs, you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating, in any manner, in any and all activities with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury. I understand that it is my responsibility to ensure there is adequate space for myself or my child/ward to follow the instructor’s directions and movements safely and without the possibility of tripping or colliding with objects, furniture, walls, stairwells, or any other object that could pose a potential injury, and that each participant or parent/guardian is solely responsible for assessing if they can participate safely in the space they have chosen. *“You should consult your physician or other health care professional before starting any of SSSRA programs that involves athletic activities, strenuous exertion program, such as dance, exercise, or movement programs etc., to determine if it is right for your needs. If you experience faintness, dizziness, pain or shortness of breath at any time while participating you should stop immediately. If you choose to participate with SSSRA programs, you do so at your own risk and acknowledge that the activity/programs carry an inherent risk of physical injuries. To the extent permitted by law, the SSSRA and its affiliates disclaim any-and-all liability in connection with the activity/program presented and any instructions and advice provided.”*

Documents that are privileged and confidential communications, including but not limited to, attorney/client privileged communications, reports prepared in anticipation of litigation, and communications between SSSRA and the Park District Risk Management Agency will not be provided.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the SSSRA, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities, of whatever nature, might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as “released parties” in the remainder of this Agreement.)

I do hereby fully release and discharge the SSSRA and the other released parties from any-and-all claims for injuries, damage or loss which I may have, or which may accrue to me on account of my participation in these programs.

I further agree to indemnify, hold harmless and defend the SSSRA and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as “participation”, “programs”, and “activities” referred to in this Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment and apparatus, and anything related to my use of the services, facilities or premises involved in these programs, and transportation to and from any events.

I understand the nature of these programs for which I am registering and have read and fully understand this Waiver. Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become part of this agreement.

By signing this waiver, you acknowledge and agree to following the Code of Conduct. This includes Behavior Expectations, Warning of Risk, Mandated Reporter Statement and Supervision Acknowledgment.

Printed Name of Participant

Date

Printed Name of Parent or Legal Guardian

Signature (If Own Guardian), Parent, or Legal Guardian

If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PROGRAM LOCATIONS

Buffalo Wild Wings

7301 183rd Street, Tinley Park

Centennial Lake

167th and Parliament, Tinley Park

Centennial Lanes 2.0

16050 Centennial Circle, Tinley Park

Country Club Hills

Community Recreation Center

4709 W. 179th Street, Country Club Hills

Coyote Run Golf Course / Wiley's Grill

800 Kedzie Avenue, Flossmoor

Don Gorman Recreation Center

4412 Henry Street, Oak Forest

Freedom Hall / Central Park

410 Lakewood Boulevard, Park Forest

Gaelic Park

6119 147th St, Oak Forest, IL

Gatto's

8005 183rd Street, Tinley Park

Hazel Crest Park District

2600 171st Street, Hazel Crest

Homewood Estates Park

18200 California Avenue, Homewood

Marie Irwin Community Center

18120 Highland Avenue, Homewood

Matteson Community Center -

Matteson Avenue

20642 Matteson Avenue, Matteson

Morton Gingerwood School

16936 Forest Avenue, Oak Forest

Oak Forest Park District / Tichan House / Fitness Center

15601 South Central Avenue, Oak Forest

Oakwood Community Center

4450 West Oakwood Lane, Matteson

Olympia Fields Park District / The Bradford Barn / Disc Golf Course

20712 Western Avenue, Olympia Fields

Park Forest Tennis Club

290 Westwood Drive, Park Forest

Park Forest Village Hall

350 Victory Drive, Park Forest

Richton Park Community Center

4445 Sauk Trail, Richton Park

SSSRA

19910 80th Avenue, Tinley Park

Thunder Bowl

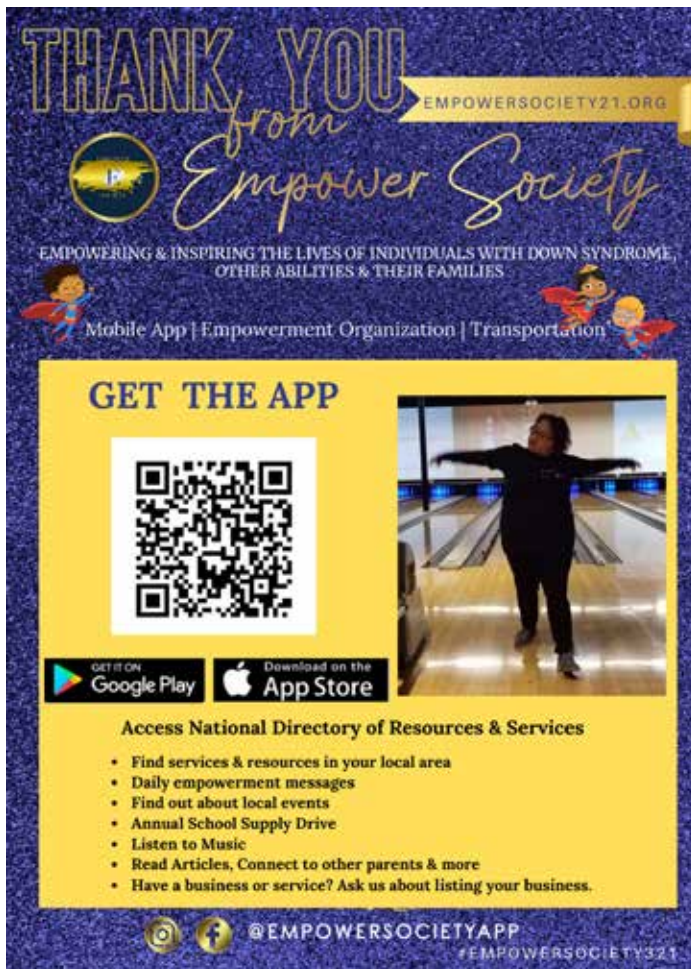
18700 Old Lagrange Road, Mokena

Tony Bettenhausen Recreation Center / Community Park / White Water Canyon / Fitness Center

8125 W. 171st Street, Tinley Park

Urban Air

19800 LaGrange Road, Mokena



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ABA Therapy FOR AUTISM

ABA (applied behavior analysis) therapy provides individualized behavior training and intervention for children with autism. It is used to help individuals with autism live happy and productive lives.

ABA therapy can foster basic skills such as looking, listening and imitating, as well as complex skills such as reading, conversing and understanding another person's perspective. ABA therapy encompasses research based strategies used to treat autism and attacks all deficits systematically and intensively.

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- Pretend play skills
- School readiness
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- Language acquisition

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- Intensive Preschool ABA Services
- Life Skills - potty training, brushing teeth, dressing, etc



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