

# SUMMER 2023



**50**  
*years*  
1973-2023

Country Club Hills  
Hazel Crest  
Homewood-Flossmoor  
Lansing  
Matteson

Oak Forest  
Olympia Fields  
Park Forest  
Richton Park  
Tinley Park



## SSSRA Administrative Office

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711 (Illinois Relay System)  
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## SSSRA STAFF

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**Country Club Hills Parks and Recreation Department**  
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Joseph Bertrand

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Mike Gianatasio

**Lan-Oak Park District**  
Michelle Havran

**Matteson Recreational Division**  
Lisa Hill

**Oak Forest Park District**  
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**Olympia Fields Park District**  
Jesus Vargas

**Park Forest Department of Recreation, Parks & Community Health**  
Kevin Adams

**Richton Park Parks & Recreation Department**  
Ashley Turner

**Tinley Park-Park District**  
Meghan Fenlon

## SSSRA MISSION STATEMENT

*To promote the power of choice and to enhance the quality of life of individuals of all abilities, by providing accessible recreation in an environment that promotes dignity, success, and fun.*

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## REGISTER TODAY!

Ensure that the program you wish to attend is not cancelled by registering. Unfortunately, if there are not enough registrants, the program must be cancelled.

The SSSRA Board of Directors meets at 9:00 am on the fourth Thursday of the month at the SSSRA Office.



**50**  
*years*

## Celebrating Individuals with Special Needs 1973-2023

Are you ready for summer? We are! As part of our 50th Anniversary celebration, anyone who signs up for in-person summer programs will receive a limited edition gift.

We hope to see you at our 50th Anniversary Family Picnic! This event will feature lunch and games, and is FREE for our residents. Please see page 19 for complete details.

Beginning in January, our *Connect* email newsletter has featured 1973 trivia questions, and we awarded \$5 SSSRA program credits to the first three correct answers each month. Congratulations to our winners! If you would like an opportunity to win, email [info@sssra.org](mailto:info@sssra.org) to be added to our mailing list.

### **SSSRA Trivia**

*Did you know that...*

SSSRA started with 3 member communities:

**Homewood-Flossmoor  
Olympia Fields  
Park Forest**

## What is SSSRA?

SSSRA is a therapeutic recreation program that is an extension of seven park districts and three recreation and parks departments. It is organized to provide individuals with disabilities or special needs, the opportunity to be involved in year-round recreation.

## Vision Statement

To be a quality resource that impacts the lives of the community, by evolving with their needs.

## Who is Eligible for SSSRA Programs?

SSSRA programs are for individuals from birth through adult who receive special education services, vocational services, supported employment, or who have recreational needs not met by traditional park district programs. This could include individuals who have varying degrees of physical disabilities, intellectual disabilities, learning disabilities, emotional difficulties, hearing or visual impairments, and developmental delays.

## Who is a SSSRA Resident?

Persons residing in the SSSRA member agencies are considered residents. These agencies are: Country Club Hills Park District, Hazel Crest Park District, Homewood-Flossmoor Park District, Lan-Oak Park District, Matteson Recreational Division, Oak Forest Park District, Olympia Fields Park District, Park Forest Recreation and Parks Department, Richton Park Parks and Recreation Department, and Tinley Park-Park District. SSSRA reserves the right to verify residency and special education services.

## Americans with Disabilities Act

SSSRA is subject to and will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability against persons who meet essential eligibility requirements for services. If you have any questions about our services in regard to the ADA, please call us at 815.806.0384.

## Inclusion Services at SSSRA

SSSRA is committed to providing new and challenging leisure and recreation activities for all of our participants. We recognize that a park district or recreation department program may better serve an individual's needs. SSSRA works with our ten member agencies to assist individuals with making the transition from special recreation to these programs. Our professional staff can help you choose an appropriate program, provide referral services, conduct any necessary staff training, secure support staff, or supply adaptive equipment or communication devices. If you or a family member wish to participate in a park district or recreation department program, please contact Juanita Williams at 815.806.0384.

## Safety Precautions

Some participants in SSSRA programs and special events may be carriers of infectious disease(s). Staff and volunteers have been provided in-service training concerning proper hygienic procedures. SSSRA seeks to provide a safe environment for all of our participants, staff, volunteers, and the public. If you have any specific questions, please call the SSSRA Executive Director or Superintendent at 815.806.0384.

## SSSRA and SWSRA Cooperative Agreement

SSSRA has a cooperative agreement with South West Special Recreation Association (SWSRA). This agreement enables participants who reside in SSSRA and SWSRA resident communities to participate in most programs offered by either association at resident rates. Please note that this does not include day camp, vacation trips, away camps, and weekend trips. Special services such as scholarships and door-to-door transportation are not included in this agreement. Welcome coupon cannot be applied. Registrations will be processed after the deadline is reached for agency residents. SWSRA serves the residents of: Alsip, Blue Island, Hickory Hills, Merriquette Park, Midlothian, Palos Heights, Posen, and Worth.

We hope that through this agreement, each agency's residents will have expanded opportunities for program participation. For additional information about this agreement, please call SSSRA at 815.806.0384. To receive a copy of the SWSRA brochure, call the SWSRA office at 708.389.9423.

## SSSRA and LWSRA Cooperative Agreement

SSSRA has a cooperative agreement with Lincolnway Special Recreation Association (LWSRA). This agreement enables participants who reside in SSSRA and LWSRA resident communities to participate in most programs offered by either association at resident rates. Please note that this does not include day camp, vacation trips, away camps, and weekend trips. Special services such as scholarships and door-to-door transportation are not included in this agreement. Welcome coupon cannot be applied. Registrations will be processed after the deadline is reached for agency residents. LWSRA serves the residents of: Frankfort, Frankfort Square, Mokena, Manhattan, New Lenox, Peotone, and Wilmington.

We hope that through this agreement, each agency's residents will have expanded opportunities for program participation. For additional information about this agreement, please call SSSRA at 815.806.0384. To receive a copy of the LWSRA brochure, call the LWSRA office at 815.320.3500.



## Behavior Guidelines

SSSRA promotes the concept of “equal fun for everyone.” Participants are expected to exhibit appropriate behavior at all times. SSSRA’s behavior guidelines have been developed to help make the programs safe and enjoyable for all participants.

1. Participants must show respect to all participants, staff and volunteers.
2. Participants must refrain from threatening or causing bodily harm to self, other participants, or staff.
3. Participants must refrain from using foul language or discussing inappropriate topics.
4. Participants must show respect for equipment, supplies, and facilities.
5. Additional rules may be developed for specific programs and athletic programs as deemed necessary by staff.
6. If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual’s situation. SSSRA reserves the right to dismiss participants whose behavior endangers the safety of themselves or others.

**Below are the expectations and guidelines the participants will need to follow in order to attend in-person programs/special events. These guidelines are subject to change.**

- Participants must be able to maintain 6 feet apart from other participants/staff.
- Participants must be able to stay with the group.
- Participants must always keep their hands and feet to themselves.

## Program Cancellations

SSSRA attempts to hold programs whenever possible. However, inclement weather occasionally makes it difficult for staff and participants to travel to program locations. SSSRA’s cancellation policies are as follows:

1. At the scheduled program time, if no participants arrive within the first 30 minutes, the program session will be cancelled, and staff will be sent home. No refunds will be given.
2. SSSRA staff look at all circumstances three hours prior to the starting time of the program or transportation route, to determine if the program should be cancelled.
3. If the program is cancelled, program staff attempt to reach all participants by phone to inform them. You will only be called if the program is cancelled.
4. SSSRA attempts to extend programs to make up missed dates.
5. SSSRA will call/send a letter announcing program extensions.

Please call 815.806.0384 for weather related cancellations.

To hear updated information on general programs and special events, call 815.806.0384, and press 3.

To hear updated information on athletics, call 815.806.0384, and press 4.

## Severe Weather Guidelines

In the event of severe weather, cancelling programs may be in the best interest of our participants. For the safety of our participants, supervisors may make the decision to cancel a program in progress, should weather become questionable. The following guidelines will be used to determine cancellations:

### Severe Cold Weather

- Outdoor programs: Temperature range of 0 degrees or less, including wind chill.
- Programs with transportation: Temperature of 0 degrees or less, including wind chill.
- All programs (including indoor): Snowstorm situations when driving restrictions (winter storm or blizzard warning in which authorities have advised not going out unless necessary) and emergency accident plans (state and local police) are in effect.

### Severe Hot Weather

- Outdoor programs, or indoor sites without air-conditioning, a heat index of 100 degrees or higher.
- Programs with transportation: Heat index of 100 degrees or higher.
- All programs (including indoor): Weather situations when a tornado warning is in effect for Lake, Will, Cook and/or DuPage counties.

### High Wind Advisory

Transportation when there is a high wind advisory in effect, strong winds can make driving difficult, especially for high profile vehicles.

## Program Options

SSSRA assigns designations for individuals in targeted disability groups for each program. The groups targeted are suggestions. We will attempt to accommodate all individuals. Please contact the SSSRA office if you would like to discuss your program options.

**Due to the current situation with COVID-19, some programs and/or special events may change.**

**Please contact our office for any questions or concerns about safety guidelines.**

**Some high risk programs/special events will require an additional waiver to be signed by a legal guardian.**

## Program Times

Parents or individuals providing transportation for participants should make drop-offs and pick-ups at the times listed for the program. SSSRA staff use the time before the program to meet with staff and set-up. Please be prompt after the program as some staff are expected at another program. SSSRA staff are instructed to stay with participants until they are picked up. If a participant may walk home, or will be picked up by someone other than parents, a permission note signed and dated by the parent, must be given to the Program Supervisor.

## Participation Guidelines When Illness Occurs

To prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

1. Fever of 100 degrees or higher.
2. Vomiting within the last 24 hours.
3. Persistent diarrhea in conjunction with other symptoms.
4. Contagious rash or a rash of unknown origin.
5. Persistent cough and/or cold symptoms.
6. "Pink eye" (conjunctivitis) or discharge from the eye.
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, coxsackie virus, head lice, mites, and ringworm.
8. Runny nose with yellow or green discharge, which indicates infection.
9. Fatigue, due to illness, that will hinder participation and enjoyment of the program.
10. SSSRA may request that a participant submit a doctor's release in order to participate in SSSRA programs or special events.

Please notify the SSSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the recommendation of the doctor, or, if not under a doctor's care, when the symptoms have clearly passed.

## Atlanto-Axial Instability (AAI)

Because of the risk of injury, Special Olympics Illinois has established a policy which states that any participant with Down Syndrome, involved in any Special Olympics sport/activity, must obtain a x-ray, submit a letter from their physician, and complete the Special Olympics Illinois medical form. The letter must state that the individual does not have atlanto-axial instability prior to participating in the program. All programs in the brochure which require AAI clearance are marked with the AAI symbol. Please contact the SSSRA office for more information.

## Program Policies

1. SSSRA reserves the right to determine participant appropriateness for programs and special events.
2. When arriving and departing a program, parents/guardians/group home staff are required to notify the program supervisor.
3. If a participant cannot attend a program, he/she cannot send a substitute in their place.
4. When participants of varying ages and ability levels are in the same program, SSSRA will group them appropriately.
5. SSSRA provides an approximate 1:4 staff-to-participant ratio.
6. While SSSRA staff will assist participants with their belongings at programs, SSSRA cannot be responsible for lost or stolen property. Participants should not bring valuables to programs.
7. Vacation Trips, Weekend Trips, and Overnights: Participants must have independent self-help skills, be able to work successfully in a 1:4 staff to participant ratio, and have participated in SSSRA weekly programs.
8. With your child's best interest in mind, parents are invited to their child's first program meeting. Our instructors have found that parent and/or sibling distractions during the program time affects the quality of their instruction. Our instructors always welcome the opportunity to discuss a participant's progress with parents at any time.

## Participant Expectations

1. Participants must have bowel and bladder control or arrive at the program wearing Depends or similar items under clothing. If this is a concern, please contact the SSSRA office.
2. Overall appearance should be clean (Hair, face, teeth, hands, nails, etc.).
3. Clean, dry clothing.
4. Appropriate attire for program participation (i.e. tennis shoes, warm-ups or loose/comfortable fitting clothing for athletic/sports/exercise programs).

## Brochure Errors

Our staff have made every effort to prepare this brochure as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. SSSRA reserves the right to make any such adjustments. The staff apologize for any inconvenience these errors or adjustments may cause.

## Brochure Mail Delivery

SSSRA relies upon the post office for mail deliveries of our seasonal brochures. SSSRA assumes no responsibility for mail delivery. If for some reason you do not receive a brochure, please pick one up at your park district, recreation department, or the SSSRA office.

## Transportation


SSSRA has implemented these transportation procedures to ensure participants ride safely in our vehicles.

1. All passengers must be sitting in seats or wheelchairs with belts securely fastened. The driver will not proceed until all seat belts are fastened.
2. All wheelchairs must have brakes that are in good working order and can stop the chair from moving.
3. SSSRA has established transportation policies to ensure the safety of all passengers. If SSSRA staff determines it would be dangerous to transport an individual, SSSRA reserves the right to refuse to transport that person.
4. Persons riding in Amigo-type wheelchairs may have to transfer into a vehicle seat and use a seat belt. Amigo-type wheelchairs are not designed to transport individuals in moving vehicles.
5. Wheelchairs may be available for participant use while at programs and special events. Assistance by SSSRA staff will be determined on a case-by-case basis.
6. Late registrants may not have transportation during the first week of programs due to routing changes. Participants are notified if a problem occurs.
7. When transportation is included in special events, the use of vans or buses may change as necessary to accommodate group sizes and needs.
8. A minimum of three participants is required for a vehicle route to run. If there are not enough participants for the route, you will be notified.
9. If participants do not use SSSRA transportation and plan to be dropped off or picked up at a special event, please notify the SSSRA office prior to the event. Parents/guardians/group home staff are required to notify the program supervisor upon participant arrival and departure.
10. State law does not require the use of car seats in SSSRA buses, as they weigh more than 9,000 pounds. However, as a best practice, the association uses car seats whenever possible, for children under the age of 8.

## Pick-Up Points

1. Special events have centralized pick-up and drop-off locations.
2. There are different codes for each pick-up point. Transportation is based on registration for each pick-up point. Please be sure to indicate which pick-up point you will use by documenting the correct code for the program you are registering for.
3. SSSRA cannot wait more than 10 minutes at the pick-up point due to demanding vehicle schedule.

## Transportation: Door-To-Door, Persons with Physical Disabilities, and Day Camp

1. SSSRA drivers will assist participants to and from their front door; driveways/walks must be clear of debris/obstacles. SSSRA staff will not enter residences.
2. Persons unable to be in a house alone should have someone meet the van at the designated time of return. SSSRA cannot wait more than 5 minutes due to the demanding vehicle schedule.
3. SSSRA transports in-district participants only for door-to-door service.
4. For door-to-door transportation, you will be called with your pick-up time prior to the program date.
5. A minimum of three participants is required for a vehicle route to run. If there are not enough participants for the route, you will be notified.
6. Door-to-door transportation is available on a limited basis as indicated by this symbol. 

## Early Arrival or Late Pick-Up Fee

Participants arriving more than 15 minutes prior to a program or special event will be charged a \$15 fee for every 15 minutes early. Please pick-up participants at the designated time. If parents/guardians are not on time for participant pick-up, a \$15 fee will be assessed for every 15 minutes late.

SSSRA is not responsible for participants' safety until the scheduled program time.

## Mileage from Member Communities to Coyote Run Golf Course, Flossmoor

(central pick-up point)

- |                                 |           |
|---------------------------------|-----------|
| 1 Country Club Hills            |           |
| Community Recreation Center     | 3.4 miles |
| 2 Hazel Crest                   | 2.9 miles |
| 3 Coyote Run, Flossmoor         |           |
| 4 Eisenhower Center, Lansing    | 9.6 miles |
| 5 Matteson Community Center     |           |
| (Matteson Avenue)               | 4.3 miles |
| 6 Oak Forest Park District      | 7.4 miles |
| 7 Olympia Fields Park District  | 3.5 miles |
| 8 Park Forest Village Hall      | 5.9 miles |
| 9 Richton Park Community Center | 5.3 miles |
| 10 SSSRA, Tinley Park           | 8.5 Miles |





# SUMMER DAY CAMP



## Day Camp

Day Camp offers an atmosphere where campers have fun while experiencing social interaction with camp-mates, while developing skills like sportsmanship and increased independence. Activities include sports, games, crafts, singing, dancing, food creations, playtime, swimming, and field trips.

## Benefits of Day Camp...

To improve socialization skills by developing peer relationships and encouraging meaningful relationships with adult leaders. To encourage campers to cooperatively play with others and make new friends.

- To improve self-help skills.
- To increase creativity and mind development.
- To provide daily experiences that increase self-esteem.
- To improve fine and gross motor skills.

## Camp Registration

Each camp is limited to a maximum number of campers. Early registration is important for enrollment to camp. Registrations will be on a "First Come, First Served Basis" (received registration form and payment in full) with preference given to residents of member park districts and recreation departments. Payment plans can be arranged by contacting the SSSRA office. A 25% deposit is required for each session with registration form. Once camp is in progress adding sessions will require an additional 25% deposit per session.

Please Note: Current camp session must be paid in full before your camper may participate in next registered session.

Once a child is enrolled for any session of camp, fees will only be adjusted or refunded for the following circumstances once camp begins: prolonged medical absences, summer school, other educational programs or therapies, and moving. Please note fees are not prorated for vacation time. The association incurs costs for hiring staff, drivers and administration of transportation routes. Your understanding on this is appreciated.



Find us on Facebook  
[facebook.com/sssra1973](https://facebook.com/sssra1973)



Find us on Instagram  
[@sssra1973](https://www.instagram.com/sssra1973)



## Scholarships

SSSRA can assist residents with disabilities who are in need of financial support by providing a scholarship for a portion of the day camp fee. Residents requesting a scholarship should complete a Confidential Scholarship Application (available online and at the SSSRA office) and submit it to the SSSRA Executive Director with the completed registration form and waiver. Participants who receive day camp scholarships will be responsible for paying fees for any weekly programs or special events they register for.

Each resident participant must put down 25%. Once scholarships have been applied, the remaining portion will be due.

## Public Aid Recipients

### Department of Children and Family Services

Residents who have foster children through DCFS who wish to participate in day camp should contact their caseworker to work out payment arrangements. Payment arrangements must accompany the SSSRA registration form, waiver, and annual form if not already on file.

A child will not be considered enrolled until written confirmation of payment is completed and received by SSSRA. Spots may not be reserved over the telephone by caseworkers. We appreciate your understanding on this matter. If you have any questions, please call the SSSRA office for more information.

## Transportation

Door-to-Door transportation to and from camp is an available option to residents only. SSSRA does its best to make sure that participants are not on the bus for more than one hour. A Transportation Assessment Form is required to be completed for all campers and returned to the SSSRA office two weeks prior to the beginning of each camp session. The purpose of the Transportation Assessment is to provide information to our staff when campers are traveling to swim and field trips in addition to providing a pick-up and drop off address for transportation. SSSRA cannot guarantee transportation to and from camp after the registration deadline.

## Day Camp Assessment Forms

Our goal is to provide a quality experience for your child as he/she participates in SSSRA Day Camp. We believe we can carry out that goal by getting to know your child's interests, educational and physical strengths, and special needs.

Upon receipt of your registration form, SSSRA will send you a Day Camp Assessment Form that must be completed by you and your child's current teacher. Please return the forms to the SSSRA office two weeks prior to the start of the day camp session.

## Day Camp Staff

A ratio of 1 staff to every 4 campers is maintained at camp sites. Day Camp Staff participate in an extensive orientation to familiarize them with the special needs of the campers.

## Snacks and Lunches

Parents will need to send a sack lunch every day with their child's name on it. SSSRA provides an individual snack for your child during Day Camp. If your child has dietary restrictions, you may send your own snack or call the office to make arrangements for us to supply a snack suitable for your child's needs. SSSRA will provide water. Please list all dietary restrictions on the registration form. Campers will not have access to vending machines.

## Rainy Days

SSSRA has access to indoor facilities if it rains, therefore, camp will meet every day.

## Medication

If your camper will need to take medication during camp time or if you are sending emergency medication (Benadryl or inhalers), you must complete and return the Medication Release Form and the Inhaler & Auto-Injector Waiver, both found in the Parent Assessment Form packets.

All medicine must be in the sealed medication envelope (provided by SSSRA) with all correct and pertinent information needed. Medication must be turned into the SSSRA office on the Friday prior to the session start date.

Site supervisors at each camp will be responsible for dispensing medication.

## Swimming

Campers will swim once a week. They are to bring a swimsuit and towel in a swim bag provided by you. Male campers must have lined swim trunks or they will not be allowed to swim in the pool. SSSRA recommends that female swimmers wear a one piece swimsuit. Sunscreen is available, but it is recommended that campers bring their own sunscreen lotion due to skin sensitivity. All items **MUST** be labeled with the campers' name. For campers who don't have bladder or bowel control, it is mandatory that they wear swim diapers. Please be sure to send the swim diapers every week. Traditional diapers or Depend undergarments will not be allowed in pools. Contact Stephanie Stocks at 815.806.0384 with questions.

## Field Trips

SSSRA will schedule four field trips during the eight weeks of Day Camp. Campers will be transported in either SSSRA vehicles or by a contracted bus company. Information regarding field trips will be sent home on the campers' weekly calendar. On field trip days, please have your camper wear their SSSRA Day Camp shirt.

If field trips cannot be held, we will have special guests that will come into each camp to do a special activity.

## Camp Calendars

Each week your camper will bring home an activity calendar. Important dates and information will be provided on the calendar, as well as other camp news and upcoming projects. Please take a moment to review and share the information with your child.

## Camp T-Shirt

Each camper will receive a Day Camp t-shirt. T-shirts are to be worn on all field trips. Please indicate the t-shirt size on the registration form. T-shirts will be available for pick up at Meet the Staff Night.

## Camper Attire

Campers should wear shorts or pants, t-shirts and closed toe shoes to camp everyday. Female campers should refrain from wearing tank tops or short shorts. Outdoor activities are planned for campers so footwear should be protective and functional.

## Therapy Services

If campers require therapy services during the summer, SSSRA reserves the right to limit the amount of time that outside therapists will be allowed at day camp. Please understand that therapy services during day camp may cause a distraction to the other campers and staff. A 24-hour notification is required to the Recreation Specialist before a therapist or case worker visit. If you have questions about therapy services during day camp hours, please contact Stephanie Stocks at 815.806.0384.

## Communication Devices

South Suburban Special Recreation Association is not responsible for any lost, stolen, or damage to communication devices. While we understand that devices are important for individuals to communicate, SSSRA will not sign any agreements or lending arrangements with school districts or therapy services. All communication devices are the responsibility of the family.

## Behavior Guidelines

SSSRA promotes the concept of "equal fun for everyone." Campers are expected to exhibit appropriate behavior at all times. SSSRA's behavior guidelines have been developed to help make the programs safe and enjoyable for all campers.

1. Campers must show respect to all campers, day camp staff, volunteers, and facility staff.
2. Campers must refrain from threatening or causing bodily harm to self, other campers, day camp staff, or volunteers.
3. Campers must refrain from using foul language or discussing inappropriate topics.
4. Campers must show respect for equipment, supplies, and facilities.
5. Additional rules may be developed at each camp site.
6. If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual's situation. SSSRA reserves the right to dismiss campers whose behavior endangers the safety of themselves or others.
7. Campers must be able to stay with the group.
8. An assessment will be sent to families prior to the start of camp.



## Parent/Guardian Responsibilities

Please check-in with the SSSRA staff upon arrival and departure from camp.

1. Please help us keep track of your child's belongings by labeling all items. SSSRA is not responsible for lost or stolen items.
2. Please do not send items not deemed necessary to your child's care during camp. This includes electronics such as Nintendo Switch or other gaming systems, iPads, or cell phones. SSSRA is not responsible for broken, lost or stolen items.
3. Please contact the SSSRA office if your child will be absent from camp.
4. Campers must arrive at camp with clean and dry clothing. Campers that do not have bladder or bowel control must provide clean clothing, clean-up supplies and diapers/Depends or similar items.
5. Parents should adhere to scheduled pick-up and drop-off times of camp. The staff appreciates your consideration in this matter as they need time to set-up and often have additional responsibilities following the end of the camp day.

## Early Arrival or Late Pick-Up Fee

Participants arriving more than 15 minutes prior to the start of camp will be charged a \$15 fee for every 15 minutes they are early. A \$15 fee will be assessed for every 15 minutes they are late being picked up.

## More Information

For additional information regarding day camp, please contact:

Stephanie Stocks, Recreation Specialist  
815.806.0384 x 13  
sstocks@sssra.org

## SUMMER DAY CAMP REGISTRATION DEADLINES

Session A	June 11
Session B	June 25
Session C	July 9
Parent Day/All Camp Day	July 23





# OUT OF THIS WORLD

## SSSRA SUMMER DAY CAMP 2023

In an effort to accommodate all individuals, Summer Day Camp is divided into three two-week sessions.

No camp:  
Monday, July 3  
Tuesday, July 4

Join us for a fun filled summer that's sure to be out of this world! Summer Day Camp is a great way to take part in fun activities while spending time with your friends. There will be weekly crafts, games, sports, and days spent playing at the pool. We will also spend time going on field trips to other fun destinations! Campers must be able to work successfully in a 1:4 staff to participant ratio.

**Due to the generosity of the Edmond and Alice Opler Foundation, the fee for transportation services is discounted for sessions A, B, and C. No further discounts or scholarships are available for the transportation portion of Summer Day Camp services.**

### Meet the Staff Night

Have questions about Summer Day Camp? Need to know what time to expect the bus? Come to Meet the Staff Night, and meet the staff that will be working at your child's camp. Campers will receive their camp shirt.

SSSRA Office, Tinley Park

Thurs, June 22

6:30 - 7:30 pm

Code: 12020

Registration Deadline: Wed, June 21 at 5:00 pm

### Parent Day / All Camp Day

For our last day of camp, everyone is invited for an All Camp Day celebration! Whether you are signed up for one session or the entire summer, you're invited for a fun filled day. The day will consist of games, music, and dancing. Lunch will be provided, so please let us know of any dietary restrictions. **All campers registered for the last session of camp will be attending this event.**

Each person attending must register and sign a participation waiver.

All camp participants and family

SSSRA Office, Tinley Park

Fri, Aug 4

11:00 am - 2:00 pm

Code: 12011

Min/Max: 10/100

Registration Deadline: Sun, July 23

Free for 2023 Summer Day Camp participants and 3 family members. Additional family members are \$10 per person.

## Shooting Stars

Ages 2 - 8, All Abilities  
Tony Bettenhausen Recreation Center, Tinley Park  
9:00 am-3:00 pm  
Min/Max: 6/15

Mon - Fri, June 26 - July 7, [No camp July 3, July 4](#)  
R: \$264  
R w/ Transportation: \$400  
NR: \$355  
12001 A (w/o Transportation)  
12101 A (R w/ Transportation)

Mon - Fri, July 10 - July 21  
R: \$325  
R w/ Transportation: \$500  
NR: \$440  
12001 B (w/o Transportation)  
12101 B (R w/ Transportation)

Mon - Fri, July 24 - August 4  
R: \$325  
R w/ Transportation: \$500  
NR: \$440  
12001 C (w/o Transportation)  
12101 C (R w/ Transportation)

## Adventurers

Ages 9 - 13, All Abilities  
Matteson Community Center (Matteson Avenue)  
9:00 am-3:00 pm  
Min/Max: 6/15

Mon - Fri, June 26 - July 7, [No camp July 3, July 4](#)  
R: \$264  
R w/Transportation: \$400  
NR: \$355  
12002 A (w/o Transportation)  
12102 A (R w/ Transportation)

Mon - Fri, July 10 - July 21  
R: \$325  
R w/ Transportation: \$500  
NR: \$440  
12002 B (w/o Transportation)  
12102 B (R w/ Transportation)

Mon - Fri, July 24 - August 4  
R: \$325  
R w/ Transportation: \$500  
NR: \$440  
12002 C (w/o Transportation)  
12102 C (R w/ Transportation)

## Trailblazers

Ages 14 - 21, All Abilities  
SSSRA Office, Tinley Park  
9:00 am-3:00 pm  
Min/Max: 6/15

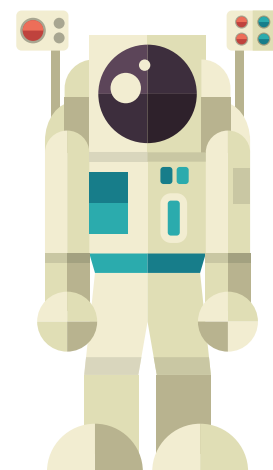
Mon - Fri, June 26 - July 7, [No camp July 3, July 4](#)  
R: \$264  
R w/ Transportation: \$400  
NR: \$355  
12003 A (w/o Transportation)  
12103 A (R w/ Transportation)

Mon - Fri, July 10 - July 21  
R: \$325  
R w/ Transportation: \$500  
NR: \$440  
12003 B (w/o Transportation)  
12103 B (R w/ Transportation)

Mon - Fri, July 24 - August 4  
R: \$325  
R w/ Transportation: \$500  
NR: \$440  
12003 C (w/o Transportation)  
12103 C (R w/ Transportation)

## SUMMER DAY CAMP REGISTRATION DEADLINES

Session A	June 11
Session B	June 25
Session C	July 9
Parent Day/All Camp Day	July 23



## VIRTUAL

### Stretching

Reach for the sky, touch your toes, and twist! Start your morning off right by improving your flexibility and ability to perform your daily activities - all while having fun with your friends. Make sure to wear your exercise clothes and have a water bottle available. 1, 2, 3... stretch!

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Mon, June 12 - July 31, [No program June 19, July 3](#)

11:00-11:30 am

R: FREE, NR: FREE

Code: 15411

Min/Max: 5/100

Registration Deadline: Mon, June 5

### Animal Exploration

Calling all animal lovers! Each week, we will explore different animals and learn about their unique facts. We may learn about monkeys, tigers, or sharks while we explore zoos and natural habitats around the world.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Mon, June 12 - July 31, [No program June 19, July 3](#)

4:00-4:30 pm

R: FREE, NR: FREE

Code: 14507

Min/Max: 5/100

Registration Deadline: Mon, June 5

### Pet Visits ★

Furry friends will make a guest appearance on our screens! Learn about the life of someone's pet, the history behind their adoption, or sit back and read a book to our pet guest star! You don't want to miss out on this PAW-some program!

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Mon, June 12 - July 31, [No program June 19, July 3](#)

6:30-7:00 pm

R: FREE, NR: FREE

Code: 15436

Min/Max: 5/100

Registration Deadline: Mon, June 5

### Mindful Mornings ★

Start your day off in a peaceful and relaxing way. Learn how to quiet your mind and bring focus to your body through a series of mindfulness exercises and gentle stretching. Learn a variety of techniques that you can use to help you throughout the day.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Wed, June 14 - Aug 2

11:00-11:30 am

R: FREE, NR: FREE

Code: 15225

Min/Max: 5/100

Registration Deadline: Wed, June 7



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Find us on Instagram  
[@sssra1973](https://www.instagram.com/sssra1973)



### Show & Tell ★

You have the opportunity to show off an item of yours that you value. You can express the meaning behind your special item, and explain why it brings you joy! We will listen closely to each person and learn more about everyone's personal interests.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Wed, June 14 - Aug 2

6:30-7:00 pm

R: FREE, NR: FREE

Code: 15437

Min/Max: 5/100

Registration Deadline: Wed, June 7

### Family Bingo

Join us for everyone's favorite game! Whether you have 5 across, up and down, diagonal, or four corners, yell BINGO! Invite your family to play! Bingo cards will be emailed to you after the registration deadline.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Thurs, June 15 - Aug 3

6:30-7:30 pm

R: FREE, NR: FREE

Code: 15408

Min/Max: 5/25

Registration Deadline: Thurs, June 8

### Talent Show ★

This is your chance to show off your special interests and talents! Come and show us what makes you so unique, while cheering on and supporting your friends during their performances. There are no limits to the talent you choose to show, so come prepared to own the spotlight! A staff member will reach out 2 weeks before program to create a list of talents that will be shown on the day of this event.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Mon, July 17

5:00-6:00 pm

R: FREE, NR: FREE

Code: 15226

Min/Max: 10/30

Registration Deadline: Fri, June 30

### Mischief at the Museum Escape Room ★

Get ready for the "Mischief at the Museum" adventure. A new mummy arrives at the National History Museum, the long-awaited "Djinn of the Nile." As the security guards wait, he notices the name inscribed appears to have been scratched out. As you are leaving the museum, the door slams and you and the security guard are trapped in the museum. In order to escape, you have to solve the puzzles and search for clues to find the 7 letters to spell the name of the Djinn.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

All ages

Virtual

Thurs, July 20

5:00-6:00 pm

R: FREE, NR: FREE

Code: 15438

Min/Max: 10/100

Registration Deadline: Thurs, July 13

★ New Program

# SPECIAL EVENTS FOR ALL AGES

## IN-PERSON & VIRTUAL

Activity Backpack events are a great way to get creative! You can attend in-person or virtually.

However you join us, we look forward to seeing you!

If Bird Feeder, Clay Stepping Stone, or Summer Coasters is your first Activity Backpack event, you will receive a backpack with all the supplies. If you have participated in a previous Activity Backpack event, you will only receive the supplies for this event. All participants will receive an activity book for each event.



A WINTRUST COMMUNITY BANK

Thank you to Old Plank Trail Community Bank for sponsoring the activity backpacks.

### Bird Feeder - Activity Backpack #27

Birdfeeders are a fun and entertaining way to watch birds up close and connect with nature! Make your very own birdfeeders to attract beautiful birds to your yard.

#### In-Person

All ages  
SSSRA Office, Tinley Park  
Wed, June 21  
5:00-6:00 pm  
R: \$9, NR: \$12  
Code: 11202  
Min/Max: 6/15  
Registration Deadline: Sun, June 4

#### Virtual

Due to the generosity of an Anonymous Donor, the virtual program is offered free of charge for all participants.

All ages  
Virtual  
Wed, June 21  
5:00-6:00 pm  
R: FREE, NR: FREE  
Code: 15406  
Min/Max: 10/100  
Registration Deadline: Sun, June 4  
Virtual participants can pick up their supplies beginning Wed, June 14.



## IN-PERSON & VIRTUAL

### Clay Stepping Stone - Activity Backpack #28

July is here! Let's remember it by creating a clay stepping stone. You can add gems, handprints, or paint. Once it is dry, you can display it outside and always remember the fun you had.

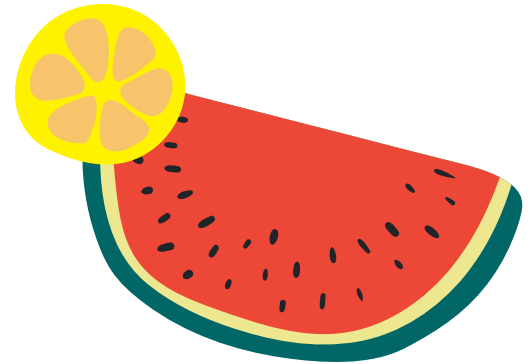
#### In-Person

All ages  
SSSRA Office, Tinley Park  
Tues, July 11  
5:00-6:00 pm  
R: \$9, NR: \$12  
Code: 11201  
Min/Max: 6/15  
Registration Deadline: Sun, June 25

#### Virtual

**Due to the generosity of an Anonymous Donor, the virtual program is offered free of charge for all participants.**

All ages  
Virtual  
Tues, July 11  
5:00-6:00 pm  
R: FREE, NR: FREE  
Code: 15405  
Min/Max: 10/100  
Registration Deadline: Sun, June 25  
Virtual participants can pick up their supplies beginning Mon, July 3.



### Summer Coasters - Activity Backpack #29

Let's finish off our summer season with a fun craft! Come paint watermelon and lemon themed coasters with your friends.

#### In-Person

All ages  
SSSRA Office, Tinley Park  
Thurs, Aug 24  
5:00-6:00 pm  
R: \$9, NR: \$12  
Code: 11206  
Min/Max: 6/15  
Registration Deadline: Sun, Aug 6

#### Virtual

**Due to the generosity of an Anonymous Donor, the virtual program is offered free of charge for all participants.**

All ages  
Virtual  
Thurs, Aug 24  
5:00-6:00 pm  
R: FREE, NR: FREE  
Code: 15424  
Min/Max: 10/100  
Registration Deadline: Sun, Aug 6  
Virtual participants can pick up their supplies beginning Fri, Aug 18.



# PROGRAMS & SPECIAL EVENTS FOR ALL AGES



## Bowling

Whether you get strikes or spares, bowling is a guaranteed fun time! All ability levels are welcome and participants will be grouped by age and ability. This program includes two games or an hour and a half of bowling, whichever comes first. Bowling ramps are available and staff will keep track of participants' averages for Special Olympics.

All ages

Centennial Lanes 2.0, Tinley Park

Wed, June 14 - Aug 2

4:00-5:30 pm

R: \$105, NR: \$142

Code: 12916

Min/Max: 6/20

Registration Deadline: Sun, May 14

## Outdoor Movie Night

Gather the family, lawn chairs, and blankets, and head to SSSRA for another movie under the stars. We will watch the live action *The Little Mermaid*. Popcorn and other snacks, along with bottled water and/or lemonade, will be provided for everyone. Don't forget to apply insect repellent before the event.

Each person attending must register and sign a participation waiver.

**Due to the generosity of Ozinga, this program is offered free of charge for our residents.**

All ages

SSSRA Office, Tinley Park

Fri, Sept 15

Rain Date: Sat, Sept 16

7:30-10:30 pm

R: FREE, NR: \$16, LWSRA & SWSRA: \$12

Code: 13202

Min/Max: 10/50

Registration Deadline: Sun, Sept 10

## Ricky's Ride

Join us at Oak Forest Bowl to meet and greet the men and women who are supporting the annual Ricky's Ride! This event has been a huge success and has raised over \$132,000 for SSSRA! Meet the riders, enjoy breakfast, check out unique motorcycles, and experience the rumble of all these motorcycles at one time! For more information, please contact Lisa Drzewiecki at SSSRA.

This program will take place in rainy conditions unless there is thunder and lightning.

**Due to the generosity of Ricky's Ride, this program is offered free of charge for all participants.**

All ages

Oak Forest Bowl

Sun, Sept 17

10:00-11:30 am

R: FREE, NR: FREE

Code: 13204

Min/Max: 10/50

Registration Deadline: Sun, Sept 10



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Find us on Instagram  
[@sssra1973](https://www.instagram.com/sssra1973)

### 50th Anniversary Family Picnic ★

SSSRA is celebrating 50 years of providing programs for individuals with disabilities. Celebrate with the staff at a picnic where we will enjoy grilled food and games. Families are encouraged to bring chairs or blankets in addition to the picnic tables that will be available.

Participants must be accompanied by a parent, guardian, or group home staff. This is not a staffed event. Each person attending must register and sign a participation waiver.

This program will take place in rainy conditions unless there is thunder and lightning.

**Due to the generosity of Ecolab, Inc., this program is offered free of charge for our residents.**

All ages

Bicentennial Park, Olympia Fields

Sat, Aug 19

11:00 am-1:00 pm

R: FREE, NR: \$20, LWSRA & SWSRA: \$15

Code: 13201-A (participant), 13201-B (guest)

Min/Max: 25/100

Registration Deadline: Sun, July 30

If you or your guest(s) do not show up for the event, you will be charged an additional \$15 for each no show in your party.



SSSRA

★ 50 ★  
years





# EARLY CHILDHOOD & YOUTH PROGRAMS & SPECIAL EVENTS

## IN-PERSON



### Karate

Learn karate with your friends! Master Ben will show us karate techniques that will teach mental and physical strength. Wear comfortable clothes to class so you can move. If you would like to purchase the karate uniform, please bring \$30 the first week of class. Students will have the chance to test for various levels throughout the program. More information will be available the first week of class. Belt testing is available for \$20.

Ages 2 - 12

Tony Bettenhausen Recreation Center, Tinley Park

Mon, June 12 - July 31, [No program June 19, July 3](#)

5:00-5:45 pm

R: \$60, NR: \$81

Code: 13501

Min/Max: 6/10

Registration Deadline: Sun, May 14

### Little Kickers Soccer

Little Kickers Soccer will develop and enhance skills such as teamwork, sportsmanship, coordination, and skill building. We will work on skill development and exercises to improve our ability to move the ball down the field and score some goals.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 2 - 12

Matteson Community Center Fields

Tues, June 13 - Aug 1, [No program July 4](#)

5:00-5:45 pm

R: \$50, NR: \$67

Code: 13502

Min/Max: 6/15

Registration Deadline: Sun, May 14

### Swim Lessons

Swim lessons will show kids the basics - going under water, blowing bubbles, arm movement, and kicking... all while having fun! Kids can learn at their own pace with the support of staff in the water to remind them and guide them. If your child is not toilet trained, they must wear a swim diaper in the water.

Ages 2 - 12

Lions Club Pool, Homewood

Wed, June 14 - Aug 2

5:30-6:15 pm

R: \$100, NR: \$135

Code: 13503

Min/Max: 6/10

Registration Deadline: Sun, May 14





### T-Ball

T-Ball will develop and enhance skills such as throwing, hitting, catching, and base running. T-ball is a great program for improving hand-eye coordination, building self-confidence, learning sportsmanship, and developing social skills. There are no competitive games for this group.

This program will take place in rainy conditions unless there is thunder and lightning.

**Due to the generosity of Michael Miller, this program is offered at a discounted rate for our residents.**

Ages 2 - 12

Challenger Field, Tinley Park

Thurs, June 15 - Aug 3

5:00-5:45 pm

R: \$30, NR: \$81, LWSRA & SWSRA: \$60

Code: 13504

Min/Max: 6/15

Registration Deadline: Sun, May 14

### Cosley Zoo ★

Cosley Zoo is a hidden gem. With 20 exhibits that house more than 200 animals, we will enjoy seeing over 50 different species including a fox, owls, and reptiles. Bring a sack lunch for a picnic. There is a gift shop, so please bring extra money if you would like to purchase something to remember your visit.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 2 - 12

Cosley Zoo, Wheaton

Mon, July 3

10:30 am-1:30 pm

R: \$35, NR: \$47

Code: 14401

Min/Max: 6/15

Registration Deadline: Sun, June 11

#### Transportation

SSSRA Office

Departure Time: 9:00 am

Return Time: 3:00 pm

Coyote Run, Flossmoor

Departure Time: 9:30 am

Return Time: 2:30 pm

## IN-PERSON

### Stingrays Unified Golf

Do you enjoy golfing with friends and family members? Come play Stingrays Unified Golf! Teams will practice on Mondays, then compete in the Region E Tournament. Athletes need to secure their own Unified Partner. Unified Partners must register and pay program fees. Each athlete and Unified Partner will receive a shirt\* to keep. Golfers need their own clubs.

Athletes must be able to golf at least 9 holes with minimal assistance. If golfers need an electric cart, they must get a doctor's note and they will be riding in a cart with a Unified Partner.

If the team wins a gold medal in the Region E Tournament, they will qualify for the State Golf Tournament in September.

Athletes and Unified Partners must have all Special Olympics forms\*\* updated through the State Golf Tournament. All athletes and Unified Partners will need to turn in any required Special Olympics forms to the SSSRA Office by May 26.

**Due to the generosity of Ozinga, this program is offered at a discounted rate for our residents.**

Ages 13 and older  
Coyote Run, Flossmoor  
Mon, June 12 - July 31, **No program June 19, July 3**  
5:00-7:00 pm  
R: \$180, Unified Partner: \$180, NR: \$300,  
LWSRA & SWSRA: \$222  
Please note that program fees do not include State Competitions.  
Code: 10703  
Min/Max: 6/12  
Registration Deadline: Sun, Apr 30

### Stingrays Golf

Grab your clubs and let's hit the green to work on course etiquette, club selection, and course play. Athletes will have a choice of either 3-hole or 6-hole for course play. Golfers need their own clubs. Each golfer will receive a shirt\* to keep. Golfers must be able to walk the course with a pull cart. If golfers need an electric cart, they must get a doctor's note and they will be riding in a cart with a staff member.

We will compete in the Special Olympics Tournament, date and location are TBA. If you win a gold medal, you will qualify for the State Golf Tournament, September 9-10.

Athletes must have all Special Olympics forms updated through the State Golf Tournament. All athletes will need to turn in any required Special Olympics forms\*\* to the SSSRA Office by May 26.

**Due to the generosity of Ozinga, this program is offered at a discounted rate for our residents.**

Ages 13 and older  
Coyote Run, Flossmoor  
Mon, June 12 - July 31, **No program June 19, July 3**  
5:00-7:00 pm  
R: \$180, NR: \$329, LWSRA & SWSRA: \$244  
Please note that program fees do not include State Competitions.  
Code: 10704  
Min/Max: 6/12  
Registration Deadline: Sun, Apr 30



### More Information

If you have any questions about Stingrays Sports, please contact:

Laura Pubins, Operations Manager  
815.806.0384  
laura@sssra.org

\*If the program or event you are registered for includes a shirt, please make sure that your shirt size is correct on the Annual Information Form to ensure that you receive the correct size.

\*\*There are forms that are required by Special Olympics Illinois.

Outdoor programs will take place in rainy conditions unless there is thunder and lightning.

### Stingrays Unified Volleyball

Bump, set, and spike are some of the skills you will work on during the season! Unified Volleyball is when there are an equal number of Special Olympics athletes and Unified Partners on the court competing together. Unified Partners can be family members or friends, so if athletes know anyone that would be interested in playing, be sure to ask them to join you! Unified Partners must register and pay program fees. In addition to practice, there will be weekly games against other Special Recreation Associations. A practice and game schedule will be provided the first week of practice. Each athlete and Unified Partner will receive a shirt\* to keep.

We will compete in the Special Olympics Region E Tournament in September.

Athletes and Unified Partners must have all Special Olympics forms updated through State Volleyball in October 2023. All athletes and Unified Partners will need to turn in any required Special Olympics forms\*\* to the SSSRA Office by July 17.

Ages 13 and older

Tony Bettenhausen Recreation Center, Tinley Park

Tues, Aug 8 - Oct 10

6:30-8:00 pm

R: \$90, Unified Partner: \$90, NR: \$121

Please note that program fees do not include State Competitions.

Code: 10705

Min/Max: 6/12

Registration Deadline: Sun, June 4

### Stingrays Volleyball

Bump, set, and spike are some of the skills you will work on during the season! In addition to practice, there will be weekly games against other Special Recreation Associations. A practice and game schedule will be provided the first week of practice. Each athlete and Unified Partner will receive a shirt\* to keep.

We will compete in the Special Olympics Region E Tournament in September.

Athletes must have all Special Olympics forms updated through State Volleyball in October 2023. All athletes will need to turn in any required Special Olympics forms\*\* to the SSSRA Office by July 17.

Ages 13 and older

H-F Sports Complex, Homewood

Tues, Aug 8 - Oct 10

6:30-8:00 pm

R: \$100, NR: \$135

Please note that program fees do not include State Competitions.

Code: 10706

Min/Max: 6/12

Registration Deadline: Sun, June 4

### Special Olympics Construction Team Picnic

Join your Stingrays teammates and other friends from Special Olympics for the 23rd Annual Construction Team Picnic! Enjoy food, games, a DJ, and dancing! Every participant will receive a t-shirt\* and more! This is a rain or shine event.

Ages 8 and older

IBEW NECA Technical Institute

Sat, Sept 16

10:00 am-1:00 pm

R: \$25, NR: \$34

Code: 11501

Min/Max: 6/12

Registration Deadline: Sun, Aug 27

#### Transportation

SSSRA Office

Departure Time: 9:00 am

Return Time: 2:00 pm

Coyote Run, Flossmoor

Departure Time: 9:30 am

Return Time: 1:30 pm

## IN-PERSON

### Stingrays Unified Bocce

Get ready to yell BOCCE! This is a great game to play outdoors with friends. Practice your skills, while having fun and discussing your winning strategy with your Unified Partner. Athletes need to secure their own Unified Partner. Unified Partners must register and pay program fees. Each athlete and Unified Partner will receive a shirt\* to keep.

We may compete in the Special Olympics Bocce Tournament on October 16 in Frankfort. If you win a gold medal at the Region E Bocce Tournament, you will qualify for Summer Games 2024.

All athletes and Unified Partners will need to turn in required Special Olympics forms\*\* to the SSSRA Office by September 1.

Ages 13 and older

Marie Irwin Center Field, Homewood

Mon, Aug 14 - Oct 9, [No program Sept 4](#)

5:30-6:30 pm

R: \$80, Unified Partner: \$80, NR: \$108

Please note that program fees do not include State Competitions.

Code: 10701

Min/Max: 6/12

Registration Deadline: Sun, July 2

### Stingrays Bocce

Get ready to yell BOCCE! This is a great game to play outdoors with friends. Practice your skills, while having fun and discussing your winning strategy with your teammates. Each athlete will receive a shirt\* to keep.

We may compete in the Special Olympics Bocce Tournament on October 16 in Frankfort. If you win a gold medal at the Region E Bocce Tournament, you will qualify for Summer Games 2024.

All athletes will need to turn in required Special Olympics forms\*\* to the SSSRA Office by September 1.

Ages 13 and older

Marie Irwin Center Field, Homewood

Mon, Aug 14 - Oct 9, [No program Sept 4](#)

5:30-6:30 pm

R: \$90, NR: \$121

Please note that program fees do not include State Competitions.

Code: 10702

Min/Max: 6/12

Registration Deadline: Sun, July 2

### Bowling Tournament★

Calling all Stingrays Bowlers that want to compete at the Special Olympics level! SSSRA is offering you an opportunity to participate in the Region E Bowling Tournament. You will need to be able to bowl 3 games in a row. You are responsible for submitting your bowling average to the SSSRA office by June 12. Bowlers cannot use bumpers in competition, so you should not use them when submitting your scores. Please indicate if a ramp is needed.

If you win a gold medal at the Region E Bowling Tournament, you will advance to the Sectional Tournament in October. A gold medal there qualifies you for the State Tournament in December.

Athletes must have all Special Olympics forms updated through the State Tournament (December 2023). All athletes will need to turn in required Special Olympics forms\*\* to the SSSRA Office by June 12.

Ages 13 and older

Location TBA

Sat, Aug 12

Time TBA

R: \$36, NR: \$50

Please note that program fees do not include Sectional and State Competitions.

Code: 11505

Min/Max: 6/12

Registration Deadline: Sun, Apr 30

### Transportation

SSSRA Office

Departure Time: TBA

Return Time: TBA

Coyote Run, Flossmoor

Departure Time: TBA

Return Time: TBA



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Find us on Instagram  
[@sssra1973](https://www.instagram.com/sssra1973)



## IN-PERSON

### Nature Exploration ★

Reset, recharge, explore, and enjoy the beauty of nature as we walk different local trails. A schedule will be sent one week prior, letting you know where to meet each week. Please wear comfortable shoes and bring a bottle of water.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 - 19

Various Locations

Mon, June 12 - July 31, **No program June 19, July 3**

4:00-5:00 pm

R: \$43, NR: \$58

Code: 12708

Min/Max: 6/15

Registration Deadline: Sun, May 14

★ **New Program**

### Tour of Wrigley Field ★

It's summertime and it's time for baseball! Join us for a tour of the friendly confines on the Northside as we take a guided tour of Wrigley Field. We will see the press box, the visitor's clubhouse, and the Cubs dugout! Participants must be able to work successfully in a 1:4 staff to participant ratio. Bring a sack lunch, and we will enjoy a picnic in the green area next to Wrigley Field.

Ages 13 - 19

Wrigley Field, Chicago

Tues, Aug 15

1:00 pm Tour

R: \$55, NR: \$75

Code: 13105

Min/Max: 6/10

Registration Deadline: Sun, July 16

#### Transportation

SSSRA Office

Departure Time: 10:00 am

Return Time: 4:30 pm

Coyote Run, Flossmoor

Departure Time: 10:30 pm

Return Time: 4:00 pm

## TEEN & ADULT PROGRAMS

## IN-PERSON

### Walking Club

Grab your walking shoes and join your friends as we walk about 2 miles around Centennial Lake! Be sure to dress for the weather, apply sunscreen, and bring a water bottle. If you're interested in fishing, sign up for Learn to Fish immediately following this program!

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older

Centennial Lake, Tinley Park

Mon, June 12 - July 31, **No program June 19, July 3**

5:15-6:15 pm

R: \$43, NR: \$58

Code: 12972

Min/Max: 6/15

Registration Deadline: Sun, May 14

### Learn to Fish

Fish Tales Fishing Club members will help you learn skills such as baiting the hook, casting out, reeling in, and other fishing etiquette. The rods, reels, and bait will be provided, so just bring yourself and a bottle of water! Please note there is a short walk from the parking lot to the pier. Sign up for Walking Club right before this for some fun exercise with friends!

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older

Centennial Lake, Tinley Park

Mon, June 12 - July 31, **No program June 19, July 3**

6:30-8:00 pm

R: \$48, NR: \$65

Code: 12905

Min/Max: 6/15

Registration Deadline: Sun, May 14

# TEEN & ADULT PROGRAMS

## IN-PERSON

### Bocce

Bocce is a fun and versatile sport that allows you to work on hand-eye coordination and depth perception. Learn the rules of the game while building your skills! Please note that this program is for fun. For Stingrays Bocce, see page 24.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older  
Wiley's Grill, Flossmoor  
Tues, June 13 - Aug 1, [No program July 4, July 11](#)  
5:30-6:30 pm  
R: \$40, NR: \$54  
Code: 12952  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

### Swimmercise

Water aerobics is an effective way to strengthen and tone your muscles while working on cardiovascular fitness. Work on range of motion, balance, and coordination. The last 15 minutes will be free swim! Don't forget a towel and sunscreen.

Ages 13 and older  
Park Forest Aqua Center  
Tues, June 13 - Aug 1, [No program July 4](#)  
5:45-6:45 pm  
R: \$45, NR: \$61  
Code: 12912  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

### Fast Food & Flicks

Join your friends for an evening at the movies! After enjoying a fast food dinner, we will watch a new movie at Emagine Theater. The fee includes dinner and your ticket to the movie, so if you wish to have snacks at the theater, please bring money. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners. Please note that participants are scheduled to watch a G, PG, or PG-13 rated movie. R rated movies are an option for those who have a permission form on file.

Ages 13 and older  
Emagine Frankfort  
Wed, June 14, June 28, July 12, July 26  
7:00 pm show time  
R: \$174, NR: \$235  
Code: 12902  
Min/Max: 6/20  
Registration Deadline: Sun, May 14

### Transportation

Coyote Run, Flossmoor  
Departure Time: 4:45 pm  
Return Time: 10:00 pm  
  
SSSRA Office  
Departure Time: 5:15 pm  
Return Time: 10:30 pm

## SUMMER REGISTRATION

### In-Person Program Registration Dates

**Resident Registration**  
Begins Monday, March 27 at 9:00 am

**Non-Resident Registration**  
Begins Monday, April 17 at 9:00 am

Registration deadlines vary. Please note program or special event description.

### Virtual Program Registration Dates

**Resident Registration**  
Begins Monday, March 27 at 9:00 am

**Non-Resident Registration**  
Begins Monday, March 27 at 9:00 am

Registration deadlines vary. Please note program or special event description.

### Aerobics

Aerobics is a fun and easy way to stay active with your friends. Learn a variety of cardio and strength exercises as a group. You can practice at home since these exercises require little to no equipment. Please wear workout clothes and bring a bottle of water. Don't forget to sign up for Let's Dance to continue the fun!

Ages 13 and older  
Marie Irwin Center, Homewood  
Wed, June 14 - Aug 2  
6:00-7:00 pm  
R: \$42, NR: \$57  
Code: 12919  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

### Let's Dance

Come out and show off your dance moves as we dance along to our favorite songs! We will learn some popular dances while listening to great music. Please wear workout clothes and bring a bottle of water. Don't forget to register for Aerobics before this program for twice the movement and fun!

Ages 13 and older  
Marie Irwin Center, Homewood  
Wed, June 14 - Aug 2  
7:15-8:15 pm  
R: \$42, NR: \$56  
Code: 12935  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

### Pickleball★

During this new, recreational program, we will learn the basics of pickleball: rules and strategy, scoring system, and basic strokes used to play. All skill levels are welcome, so join us as we discover the fun of playing pickleball! Please wear workout clothes and bring a bottle of water.

Ages 13 and older  
Park Forest Tennis & Health Club  
Thurs, June 15 - Aug 3  
5:30-6:30 pm  
R: \$42, NR: \$57  
Code: 12953  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

### Fitness & Fun

Staying active and exercising regularly, as well as having fun, is important to maintaining a healthy lifestyle. We will go through exercises that work on balance, strength, and endurance with our friends. Please wear workout clothes and bring a bottle of water. Participants must be able to work in a 1:4 staff to participant ratio.

Ages 13 and older  
Oak Forest Fitness Center  
Sat, June 17 - Aug 5  
10:00-11:00 am  
R: \$47, NR: \$63  
Code: 12927  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

### Socializers Social Club

Join us every Saturday night and have some fun socializing with your friends! Each week we will do something different throughout the community such as a game night, event in town, or a themed party. You will be mailed a schedule of activities two weeks prior to the start of the program. Participants must be able to work successfully in a 1:4 staff to participant ratio and display appropriate table manners.

Ages 13 and older  
Various Locations  
Sat, June 17 - Aug 5  
6:00-8:00 pm  
R: \$135, NR: \$182  
Code: 12908  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

# TEEN & ADULT PROGRAMS

## Suggested for Individuals with Physical Disabilities

### IN-PERSON

#### Cruise Night ★

Enjoy a summer night out at the Tinley Park Cruise Night! We will travel up and down the street looking at all of the unique cars. The event will have live music and food trucks, so please bring money if you would like to purchase anything. Door-to-door transportation will be provided for residents, and participants will be notified of their pick-up time. Non-residents will need to meet at the SSSRA office and will be notified of the departure time. Please eat before coming to the event.



Residents will be notified of their pick-up time for door-to-door transportation.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older with physical disabilities

Downtown Tinley Park

Tues, July 18

5:00-7:00 pm

R: \$27, NR: \$36

Code: 14601

Min/Max: 4/15

Registration Deadline: Sun, July 2

### ADAPTIVE PROGRAMS

### IN-PERSON

#### Adaptive Boccia ★

Boccia is a Paralympic sport that involves strategy, control, and focus. Joining this recreational Boccia program is a great way to learn the ropes of the sport and develop the necessary skills needed to be successful! All equipment will be provided, so please come out and socialize with your friends as we engage in some friendly competition on the court!

Did you know that participants do not have to be everyday wheelchair users to participate in adaptive sports? Adaptive equipment is used to give everyone the opportunity to play at the same level, including participants who have gait instability or an inability to run.

Door-to-door transportation will be provided for residents, and participants will be notified of their pick-up time. Non-residents will need to meet at the Tony Bettenhausen Recreation Center at 11:00 am.

**Due to the generosity of Ozinga, this program is offered at a discounted rate for our residents.**



Residents will be notified of their pick-up time for door-to-door transportation.

Ages 13 and older

Tony Bettenhausen Recreation Center, Tinley Park

Thurs, June 15 - Aug 3

11:00 am-12:15 pm

R: \$50, R w/ transportation: \$100, NR: \$108, LWSRA & SWSRA: \$80

Code: 12401, R w/ transportation: 15101

Min/Max: 4/10

Registration Deadline: Sun, May 14



## TEEN & ADULT PROGRAMS

Suggested for Individuals with Severe & Profound Disabilities



Photo Credit: Jim Schulz/CZS-Brookfield Zoo

### Sensory Mania

Learn, explore, and engage in this hands-on science program. Each week, participants will try new and fun experiments such as learning about rainbows, volcanos, sensory art, and much more!

**Due to the generosity of Ecolab, Inc., this event is offered at a discounted rate for our residents.**

Ages 13 and older with  
severe & profound disabilities  
Tony Bettenhausen Recreation Center, Tinley Park  
Tues, June 13 - Aug 1, [No program July 4](#)  
5:00-5:45 pm  
R: \$35, NR: \$88, LWSRA & SWSRA: \$67  
Code: 14805  
Min/Max: 6/15  
Registration Deadline: Sun, May 14

### Brookfield Zoo ★

Summer is here, and it's a great time to head to Brookfield Zoo to see the animals. We will visit animal habitats and eat lunch together. Please bring a sack lunch. Please bring additional money if you would like to purchase lunch, concessions, or souvenirs.

This program will take place in rainy conditions unless there is thunder and lightning.

**Due to the generosity of Ecolab, Inc., this event is offered at a discounted rate for our residents.**

Ages 13 and older with  
severe & profound disabilities  
Brookfield Zoo  
Sun, June 4  
10:30 am-3:45 pm  
R: \$20, NR: \$90, LWSRA & SWSRA: \$65  
Code: 15501  
Min/Max: 6/10  
Registration Deadline: Sun, May 14

#### Transportation

SSSRA Office  
Departure Time: 9:00 am  
Return Time: 5:15 pm

Coyote Run, Flossmoor  
Departure Time: 9:30 am  
Return Time: 4:45 pm

# TEEN & ADULT SPECIAL EVENTS

## IN-PERSON

### Everybody's Birthday Party

Tonight, we celebrate everyone's birthday on one special night. Dance, play party games, and enjoy snacks and cupcakes. This is a birthday party for YOU... you have to be there!

Ages 13 and older

Tony Bettenhausen Recreation Center, Tinley Park

Fri, June 23

6:00-8:00 pm

R: \$17, NR: \$23

Code: 11153

Min/Max: 6/20

Registration Deadline: Sun, June 4

### Centennial Beach ★

It's time to sit back and relax at the beach! SSSRA will provide snacks and extra water, however please be sure to bring a sack dinner with you. You may also bring money if you wish to purchase snacks at concessions. Be sure to apply sunscreen and bring a beach towel. Participants must be able to work successfully in a 1:4 staff to participant ratio.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older

Centennial Beach, Naperville

Sun, June 25

6:30-8:00 pm

R: \$28, NR: \$38

Code: 11102

Min/Max: 6/15

Registration Deadline: Sun, June 4

#### Transportation

SSSRA Office

Departure Time: 4:45 pm

Return Time: 9:15 pm

Coyote Run, Flossmoor

Departure Time: 5:15 pm

Return Time: 8:45 pm

★ New Program

### Concert in the Park

It's time to dance the night away! The opening act will be music performed by SSSRA Show Choir and SSSRA Drama Club. We will enjoy music from another group after the opening act. Be sure to eat dinner before you arrive or bring money for concessions. Please bring a blanket or chair to sit on.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older

Park Forest Dining on the Green,

Main Street & Cunningham Drive

Wed, June 28

6:30-8:45 pm

R: \$10, NR: \$13

Code: 11142

Min/Max: 6/15

Registration Deadline: Sun, June 11

### Starved Rock State Park ★

Illinois is home to magnificent state parks, and three of them are in our very own backyard! We will be heading over to Starved Rock State Park to see some of the best walking trails Illinois has to offer. As we walk through the trails we will see waterfalls, flowers, and other amazing views. We will have lunch at the local café. Be sure to apply sunscreen, bring plenty of water, and wear comfortable shoes as there will be a lot of walking. Participants must be able to work successfully in a 1:4 staff to participant ratio.

This program will take place in rainy conditions unless there is thunder and lightning.

**Due to the generosity of Ozinga, this event is offered at a discounted rate for our residents.**

Ages 13 and older

Starved Rock, Oglesby

Mon, July 3

10:00 am-1:30 pm

R: \$30, NR: \$61, LWSRA & SWSRA: \$45

Code: 11154

Min/Max: 6/15

Registration Deadline: Sun, June 11

#### Transportation

SSSRA Office

Departure Time: 8:30 am

Return Time: 3:00 pm

Coyote Run, Flossmoor

Departure Time: 9:00 am

Return Time: 2:30 pm



### Blueberry Picking

Join us for a fun day filled with fresh picked blueberries! After we finish picking our own blueberries, we will explore the rest of the farm and have some lunch in the area. Lunch will be provided, but please bring money for your blueberries and souvenirs. The cost for blueberries will be based on a 2qt. bucket. There will be a lot of walking, so be sure to wear comfortable shoes and apply sunscreen before leaving! Participants must be able to work successfully in a 1:4 staff to participant ratio.

This program will take place in rainy conditions unless there is thunder and lightning.

**Due to the generosity of Ozinga, this event is offered at a discounted rate for our residents.**

Ages 13 and older  
Johnson's Farm, Hobart, IN  
Sun, July 9  
10:30 am - 2:30 pm  
R: \$35, NR: \$74, LWSRA & SWSRA: \$55  
Code: 11101  
Min/Max: 6/15  
Registration Deadline: Sun, June 25

#### Transportation

SSSRA Office  
Departure Time: 9:00 am  
Return Time: 4:00 pm

Coyote Run, Flossmoor  
Departure Time: 9:30 am  
Return Time: 3:30 pm

### Topgolf★

Topgolf is a fun and unique way of playing golf! Watch your ball fly and see how many points you can get by aiming for each target. We will enjoy appetizers and drinks, however please eat lunch before the event. Participants must be able to work successfully in a 1:4 staff to participant ratio and have appropriate table manners.

**Due to the generosity of Ozinga, this event is offered at a discounted rate for our residents.**

Ages 13 and older  
Topgolf, Naperville  
Sat, July 29  
2:00-4:00 pm  
R: \$35, NR: \$65, LWSRA & SWSRA: \$48  
Code: 11155  
Min/Max: 6/15  
Registration Deadline: Sun, July 9

#### Transportation

SSSRA Office  
Departure Time: 12:30 pm  
Return Time: 5:30 pm

Coyote Run, Flossmoor  
Departure Time: 1:00 pm  
Return Time: 5:00 pm



# TEEN & ADULT SPECIAL EVENTS

## IN-PERSON

### Will County Fair

Let's head to the fairgrounds to enjoy all the excitement that the fair offers. We'll see the animals, prize barns, play games, eat great food, and even catch a ride on a Ferris wheel. Lunch will be provided, but please bring extra money for souvenirs, rides, and games. There is a lot of walking, so wear comfortable shoes. Participants must be able to function in a 1:4 staff to participant ratio.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older  
Will County Fairgrounds  
Sat, Aug 26  
11:30 am-4:00 pm  
R: \$45, NR: \$61  
Code: 11117  
Min/Max: 6/15  
Registration Deadline: Sun, Aug 6

#### Transportation

SSSRA Office  
Departure Time: 10:15 am  
Return Time: 5:00 pm

Coyote Run, Flossmoor  
Departure Time: 10:45 am  
Return Time: 4:30 pm

### Movie Under the Stars

Join SSSRA and your friends for an outdoor movie experience as we watch *Grease* under the summer sky. Popcorn, snacks, and bottled water will be provided for everyone. Bring your blanket and/or a chair to sit on. Don't forget to apply insect repellent before arriving. Movie begins at dusk. See you under the stars!

Each person attending must register and sign a participation waiver.

**Due to the generosity of Ecolab, Inc., this event is offered free of charge for our residents.**

Ages 13 and older  
SSSRA Office, Tinley Park  
Fri, Aug 25  
Rain Date: Sat, Aug 26  
7:30-10:00 pm  
R: FREE, NR: \$27, LWSRA & SWSRA: \$20  
Code: 11104  
Min/Max: 10/50  
Registration Deadline: Sun, Aug 6

### Chicago White Sox Game

Take me out to the ball game! It's time to cheer on the Chicago White Sox as they take on the Oakland A's. Please bring money for lunch and souvenirs. Participants must be able to work in a 1:4 staff to participant ratio.

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older  
Guaranteed Rate Field, Chicago  
Sun, Aug 27  
1:00 pm Game Time  
R: \$57, NR: \$77  
Code: 11103  
Min/Max: 10/24  
Registration Deadline: Sun, June 4

#### Transportation

SSSRA Office  
Departure Time: 11:00 am  
Return Time: 4:30 pm

Coyote Run, Flossmoor  
Departure Time: 11:30 am  
Return Time: 4:00 pm

### County Line Orchard

Do you enjoy food, friends, and fun? If so, you will love County Line Orchard! Apple picking, tractor rides, and maze fun are some of the activities that will encourage socialization. After apple picking, we will get lunch on the farm. Lunch and admission is included. Please bring extra money for souvenirs or extra snacks. Apples cost approximately \$1.80 per lb. and pumpkins cost \$0.40 per lb. Get ready to brush up on your apple picking skills!

This program will take place in rainy conditions unless there is thunder and lightning.

Ages 13 and older  
County Line Orchard, Hobart, IN  
Sun, Sept 10  
11:45 am-2:45 pm  
R: \$45, NR: \$61  
Code: 14220  
Min/Max: 6/15  
Registration Deadline: Sun, Aug 27

#### Transportation

SSSRA Office  
Departure Time: 10:30 am  
Return Time: 4:30 pm

Coyote Run, Flossmoor  
Departure Time: 11:00 am  
Return Time: 4:00 pm



## YMCA Camp Pinewood

Are you ready for a weekend getaway? We are going camping at YMCA Camp Pinewood in Twin Lake, Michigan. While on our trip, we will get the opportunity to go swimming, hiking, rock climbing, and do various arts and crafts. Campers will also enjoy a fun filled campfire. Campers and staff will be sleeping in cabins.

Please note: campers must have independent self-help skills and be willing and able to stay with the group. Campers must be able to work successfully in a 1:4 staff to participant ratio, display appropriate table manners, and have participated in SSSRA weekly programs within the last year. SSSRA reserves the right to determine the appropriateness of participants for this trip.

**Due to the generosity of the Gwendolyn Bohannon & Anthony Pitts, this program is offered at a discounted rate for residents:**

Persons ages 13 and older  
 YMCA Camp Pinewood, Twin Lakes, MI  
 Fri, Sept 22 - Sun, Sept 24  
 9:00 am (Fri) - 4:00 pm (Sun) - time subject to change  
 R: \$135, NR: \$344, LWSRA & SWSRA: \$344  
 Code: 11702  
 Min/Max: 7/15  
 Registration Deadline: Sun, Aug 6

### Transportation

SSSRA Office  
 Departure Time: 9:00 am (Fri)  
 Return Time: 4:00 pm (Sun)

## THANK YOU TO OUR SPONSORS

Thank you to our sponsors for your continued support in helping us to reduce program expenses, including virtual programs.

Interested in Becoming a Sponsor? Please contact our office at 815.806.0384 or email [info@sssra.org](mailto:info@sssra.org).

### Summer Sponsors

- Anonymous Donor
- Gwendolyn Bohannon & Anthony Pitts
- Ecolab, Inc.
- Edmond and Alice Opler Foundation
- Michael Miller
- Old Plank Trail Community Bank
- Ozinga
- Ricky's Ride
- SSSRA Fundraising Supporters

### Winter Spring Book Club

- AmazonSmile Donors

Thank you to the anonymous donors who purchased copies of *Harry Potter and the Sorcerer's Stone* from our AmazonSmile Charity List.

## VIRTUAL

### Kitchen Fun

It's time to put your chef's hat on! Learn how to cook and bake using different recipes. Each week, we will make a different snack or food item. A list of recipes will be emailed out the week before the program begins.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Tues, June 13 - Aug 1, [No program July 4](#)

11:00-11:30 am

R: FREE, NR: FREE

Code: 15409

Min/Max: 5/100

Registration Deadline: Tues, June 6

### Book Club - *The Chronicles of Narnia: The Magician's Nephew*

Grab a comfy seat and get ready to read *The Chronicles of Narnia: The Magician's Nephew* by C.S. Lewis. This is the first book in a series of eight. SSSRA will send everyone their own copy of the book before the start of the program, so make sure you register early to receive your book. We will read the book together and have discussions about the book each week.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Tues, June 13 - Aug 1, [No program July 4](#)

6:30-7:30 pm

R: FREE, NR: FREE

Code: 15419

Min/Max: 5/100

Registration Deadline: Mon, June 5

### Weight Workout

Grab some weights and some water and join us for a workout! We will stay in shape by lifting light weights with repetition. No weights? No worries! You can still join us. Body weight is just as effective!

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Thurs, June 15 - Aug 3

4:00-4:30 pm

R: FREE, NR: FREE

Code: 15206

Min/Max: 5/100

Registration Deadline: Thurs, June 8

### Coffee Chats ★

Being a morning person is easy when you can start your day chatting with new and old friends! We will dedicate our morning to casual conversation and socialization. You might tell us about the dreams you had the night before or share your goals for the day. Whatever it may be, Coffee Chats is fun for everyone; ESPRESSO-ly those who love coffee!

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Thurs, June 15 - Aug 3

11:00-11:30 am

R: FREE, NR: FREE

Code: 15227

Min/Max: 5/100

Registration Deadline: Thurs, June 8

### Trip to Paris ★

Have you ever wanted to travel to Paris, France? Learn about this popular city, all from the comfort of your own home! Together, we will learn about famous foods, attractions, and the Eiffel Tower of course!

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Mon, June 5

5:00-6:00 pm

R: FREE, NR: FREE

Code: 15439

Min/Max: 10/100

Registration Deadline: Mon, May 29

### Decades Trivia ★

Let's time travel through the decades with trivia! Think you know the 70s, 80s, 90s, or even 2000s? Join us for a fun filled evening and see what you know about different decades.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Wed, June 7

5:00-6:00 pm

R: FREE, NR: FREE

Code: 15222

Min/Max: 10/100

Registration Deadline: Wed, May 31

### Karaoke Party ★

Choose your favorite song and get ready to sing loud and proud for all to hear! Whether you choose to grab the microphone and sing along or just sit back and enjoy the performances, this event is for you! Each performer will have the chance to sing at least one song, so please be prepared with your song of choice. If you have any song requests, email them to [tammym@sssra.org](mailto:tammym@sssra.org) and staff will add them to the playlist.

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Thurs, June 29

5:00-6:00 pm

R: FREE, NR: FREE

Code: 15224

Min/Max: 10/100

Registration Deadline: Thurs, June 22

### Ice Cream Dance ★

Put on your favorite dancing shoes for a night of moving and grooving to summer classics from the comfort of home! After we enjoy dancing together (sort of), we will have a chance to socialize with our friends while everyone enjoys their favorite ice cream. Let's have some summer fun!

**Due to the generosity of an Anonymous Donor, this program is offered free of charge for all participants.**

Ages 13 and older

Virtual

Fri, Aug 11

5:00-6:00 pm

R: FREE, NR: FREE

Code: 15223

Min/Max: 10/100

Registration Deadline: Fri, Aug 4



Find us on Facebook  
[facebook.com/sssra1973](https://facebook.com/sssra1973)



Find us on Instagram  
[@sssra1973](https://www.instagram.com/sssra1973)



Since 2013, the Healthy Minds Healthy Bodies program has served more than 120 Veterans throughout the SSSRA member communities. Veterans in the Healthy Minds Healthy Bodies program have served in World War II, Korean War, Vietnam, Kuwait, Operation Iraqi Freedom, and the War in Afghanistan.

The Healthy Minds Healthy Bodies program offers a one year membership to a disabled Veteran with a disability rating of 10% or higher, a membership for a training partner for one year, and ten personal training sessions for the Veteran. Please note that Veterans must be residents of one of SSSRA's member communities. Healthy Minds Healthy Bodies is offered at the following fitness facilities:

**H-F Racquet & Fitness Club**  
2920 W. 183rd Street  
Homewood

**Matteson Community Center**  
20642 Matteson Avenue  
Matteson

**Oak Forest Health & Fitness Center**  
15601 S. Central Avenue  
Oak Forest

**Tinley Fitness**  
8125 W. 171st Street  
Tinley Park

Please note:

New registrations for Healthy Minds Healthy Bodies will be accepted January 1 - May 31 and September 1 - December 31.

For more information about Healthy Minds Healthy Bodies, please contact Juanita Williams at 815.806.0384 or [juanita@ssra.org](mailto:juanita@ssra.org)



## 5 WAYS TO REGISTER

SSSRA offers 5 ways to register for programs.

Please visit [www.sssra.org](http://www.sssra.org), call 815.806.0384, or email [register@sssra.org](mailto:register@sssra.org) if you have any questions.



Online



Mail



Fax



Drop Off



Email

## How to Register

- Online [register.capturepoint.com/SSSRA](http://register.capturepoint.com/SSSRA)
- Mail Send completed registration form with payment to our office -  
19910 80th Avenue, Tinley Park, IL 60487
- Fax Fax completed registration form to 815.806.0390. Please call our office at 815.806.0384 to pay over the phone.
- Drop Off Bring completed registration form to our office -  
19910 80th Avenue, Tinley Park, IL 60487  
A drop box is located on the north side of the building if after business hours.
- Email Email completed registration form to [register@sssra.org](mailto:register@sssra.org). Please call our office at 815.806.0384 to pay over the phone.

Your receipt will be sent to you after your registration is processed. You will be notified if a program is cancelled.

Online payments can be made with a credit card. Office payment options include credit card, check, or money order. Credit cards accepted are VISA, MasterCard, or Discover Card. Cash will only be accepted in person at the SSSRA office.

If you are registering online, the Annual Information Form is available on the online registration website. If you are registering in the office, the Registration Form, Annual Information Form, and Scholarship Application are available as fillable forms on our website. Please visit [www.sssra.org/forms/](http://www.sssra.org/forms/) to access the forms.

## First Time Participants - \$15 Off

1. Clip the coupon below and attach it to your completed registration form.
2. Deduct \$15 off the total fee from your payment.
3. Submit the registration form and coupon by the registration deadline to the SSSRA office.

If registering online, please call 815.806.0384 or email [info@sssra.org](mailto:info@sssra.org) to use the coupon.

# \$15 WELCOME COUPON

**\$15 off SSSRA program or special event for new participants.** Valid for residents only. Siblings, spouses, parents, and non-residents are not eligible for the coupon. Excludes Summer Day Camp and weekend trips.

If registering online, please call 815.806.0384 or email [info@sssra.org](mailto:info@sssra.org) to use the coupon.



## Scholarships

SSSRA is in a position to offer scholarships in the form of fee discounts to SSSRA residents with disabilities who would like to participate in one or more programs, but who cannot afford the total fees charged. The SSSRA Board of Directors has established specific guidelines for the administration of scholarships. Persons requesting a scholarship must complete a Scholarship Application (available at the SSSRA office or at [www.sssra.org](http://www.sssra.org)) and submit it to the SSSRA Executive Director, along with the completed registration form, and a deposit.

The deadline for requesting scholarships for the program session is the same as the registration deadline. Participants who receive day camp scholarships may be responsible for paying fees for any weekly programs or special events they register for. Please note that scholarships are not available for vacation trips or weekend trips. SSSRA reserves the right to request proof of financial circumstances, including tax return documents, when needed.

## Refund Policies

1. A full refund will be issued if a program is cancelled.
2. If a participant drops a program prior to the start and no costs have been incurred, a \$5 per program service fee will be charged and a refund will be issued.
3. If a participant drops a special event and SSSRA has incurred no costs due to purchase of tickets, rentals, deposits, etc., a \$5 service fee per event will be charged and a refund will be issued.
4. In the event of prolonged illness or moving, a \$5 service fee will be charged for each program and/or event, and a pro-rated refund issued. A doctor's notice is required for illness.
5. A pro-rated refund may be given if SSSRA deems the program is inappropriate for a participant.
6. A refund will not be provided for cancellations due to inclement weather.
7. No refunds will be issued for amounts under \$5.
8. Refunds can be issued in the form of a credit to the account or a check can be issued. Some refunds can go back to the original credit card. Please inform the office how you would like to receive your refund.
9. Participants who receive a scholarship will receive prorated refunds when applicable.
10. Fees will not be prorated if participants register for an event on the same day as a scheduled weekly program because programs and special events are already subsidized between 35-50%.

## Non-Resident Registration and Fees

Because SSSRA is supported through the tax dollars of its member communities, the non-resident fees reflect a more equitable rate in relation to that of its tax supporting members and the actual cost of providing the programs. Non-resident policies are as follows:

1. Non-resident fees are 35% higher than resident fees for programs, summer day camp, and special events.
2. The non-resident pays the entire fee to SSSRA at the time of registration. Some local park districts or recreation departments may reimburse a portion of your fee.
3. Non-residents are ineligible for scholarships.
4. Non-residents may begin to register for virtual programs on the same day as resident registration begins. Non-residents may begin to register for in-person programs three weeks after resident registration begins. Registration will be on a first-come, first-serve basis. Non-resident registrations for in-person programs will be processed if vacancies still exist in the programs.

## Registration Policies

1. Any household balance due from a previous program season must be paid in full before any registration is accepted for the current season. The balance due must be paid with cash, credit card, check, or money order. Online payments can be made with a credit card. Office payment options include credit card, check, or money order. Credit cards accepted are VISA, MasterCard, or Discover Card. Cash will only be accepted in person at the SSSRA office.
2. Multiple Program Registration Discount: SSSRA residents will receive a \$25 discount when they register for \$200 or more in programs and/or special events. Winter and Spring are separate seasons. Completed registration forms and full payment must be in the SSSRA office by 5:00 pm on the registration deadline date for this to apply. No exceptions will be made to any of the criteria listed. Does not apply to Day Camp or Trips. Please call the office for details if you are registering online.
3. Registration forms will be accepted by walk-ins, mail, facsimile, or online. However, an individual is not considered registered until the SSSRA office has received a minimum payment of 25% of the registration fees along with the completed and signed registration form and waiver(s). When sending a fax to SSSRA, it is mutually understood that the facsimile document shall substitute for and have the same legal effect as the original form. Please contact the SSSRA office to confirm that your fax was received.
4. Due to increased volume of participants and programs, a minimum payment of 25% of the registration fees should accompany the registration form. Contact the SSSRA Executive Director to make any payment plan arrangements, if necessary.
5. Registrations are processed on a first-come, first-served basis.
6. Programs have a minimum and maximum size. Program minimum must be met by member agency residents. You will be notified after a deadline only if the program is full and you did not get in.
7. Participant ages listed in the brochure are approximations. If your child is close to the ages listed, and is interested in the program, please call the Superintendent to discuss a solution.
8. If vacancies exist after the registration deadline, siblings and individuals without disabilities will be allowed to register for designated programs, as considered appropriate by SSSRA staff.
9. A \$35 fee will be charged by Old Plank Trail Community Bank for any returned checks.
10. If you register after the registration deadline or after a program begins, you may not be able to attend that program the following week.

Is this your first time participating with SSSRA? ☐ Yes ☐ No

How did you hear about SSSRA? ☐ Family ☐ Publication \_\_\_\_\_ ☐ Community Expo ☐ Other \_\_\_\_\_

Participant's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_

Phone - ☐ Home \_\_\_\_\_ ☐ Work \_\_\_\_\_ ☐ Cell \_\_\_\_\_

Place a checkmark beside the phone number you would like us to use first.

Parent(s)/Guardian(s) Name \_\_\_\_\_

Parent(s)/Guardian(s) Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Parent(s)/Guardian(s) Phone - ☐ Home \_\_\_\_\_ ☐ Work \_\_\_\_\_ ☐ Cell \_\_\_\_\_

Place a checkmark beside the phone number you would like us to use first.

Parent(s)/Guardian(s) Email Address \_\_\_\_\_

☐ Place a checkmark here if you would like to receive our email newsletter. SSSRA will not share your email address.

Group Home/Residential Facility \_\_\_\_\_ Manager/Caseworker \_\_\_\_\_

Manager/Caseworker Phone - ☐ Office \_\_\_\_\_ ☐ After Hours \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_

Phone - ☐ Home \_\_\_\_\_ ☐ Work \_\_\_\_\_ ☐ Cell \_\_\_\_\_

Place a checkmark beside the phone number you would like us to use first.

Primary Disability \_\_\_\_\_ Secondary Disability/Medical Condition \_\_\_\_\_

Current Medications/Prescribed or Over-The Counter \_\_\_\_\_

Does participant take medications at programs or special events? If yes, additional forms are required for completion. ☐ Yes ☐ No

Allergies \_\_\_\_\_ Dietary Restrictions \_\_\_\_\_

Photo Permission: I do hereby grant permission for my/our participant's picture to be used in promotional materials related to SSSRA. Promotional materials include, but are not limited to SSSRA brochures and advertising, SSSRA website, Facebook, SSSRA email newsletter, member park district and recreation department brochures.

☐ Yes ☐ No (Unless indicated, photos of participants may be taken and used for publicity).

Registration forms will be accepted by walk-ins, mail, facsimile, or online. An individual is not considered registered until the SSSRA office has received payment in full, along with the completed and signed registration form and waiver(s). When sending a facsimile transmission to SSSRA, it is mutually understood that the fax document shall substitute for and have the same legal effect as the original form. Please call the SSSRA office to confirm that your fax was received.

Program Name	Code	Resident Fee	Non-Resident Fee
Guest Name:			
Program/Event:			
Guest Name:			
Program/Event:			
	<b>Total</b>		

**An updated Annual Information Form and Medication Dispensing Form (if applicable) must be on file to complete registration.**

For Office Use Only										
Date	Waiv	BD	Inf	Code Fee	Tot	Pay	Sch	ML	CommPass	Initials
Amt Applied		From		Form of Payment			Date		Amt Rec	
1. \$										
2. \$										
3. \$										
4. \$										
5. \$										
6. \$										
7. \$										
8. \$										

To be registered you must:

1. Pay previous balance in full.
2. Complete all necessary forms.
3. Parent/Legal Guardian must sign all necessary forms.
4. A deposit must accompany form.
5. Complete credit card information below or contact the office for additional payment options.

☐ MasterCard ☐ VISA ☐ Discover

Account # \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Expiration Date:\_\_\_\_/\_\_\_\_ CVC Code:\_\_\_\_\_

Signature: \_\_\_\_\_

Registration form must be filled out completely and signed by parent or guardian. Return to the SSSRA office with a deposit to be considered registered.

Please write in program choices and sign waiver(s).  
All guests must sign waiver(s).



SSSRA 19910 80th Avenue  
Tinley Park, IL 60487

815.806.0384  
815.806.0390 (Fax)  
711 (Illinois Relay System)  
[www.sssra.org](http://www.sssra.org) | [info@sssra.org](mailto:info@sssra.org)



## SOUTH SUBURBAN SPECIAL RECREATION ASSOCIATION Participation Waiver

All participants who enroll in SSSRA's Programs must sign off on the following expectations, warning of risk, and supervision requirements to be eligible to participate.

### **Behavior Expectations**

SSSRA requires all participants to comply with the following:

1. Show respect to all participants and staff. Must refrain from threatening or causing bodily harm to self or other participants or staff. Bullying of any form will not be tolerated.
2. Listen to and comply with staff directions.
3. Refrain from using foul language or other offensive behavior such as rude or inappropriate gestures or sexually explicit language.
4. Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.
5. Remain fully clothed at all times.
6. Audio or video recording by participants of our programs is strictly prohibited.
7. Participants must show respect for equipment, supplies and facilities

If inappropriate behavior occurs, staff will provide a warning. If inappropriate behavior continues to occur, staff will discontinue participation immediately. Staff will follow up with the parent/caregiver at the conclusion of the program by phone to discuss future eligibility. A prompt resolution will be sought specific to each individual situation.

Note: SSSRA reserves the right to resort to immediate dismissal depending on the nature of the incident.

### **Warning of Risk**

You should consult your physician or other health care professional before starting any of SSSRA's programs that involves athletic activities, strenuous exertion program, such as dance, exercise, or movement programs etc., to determine if it is right for your needs. If you experience faintness, dizziness, pain or shortness of breath at any time while participating you should stop immediately. If you choose to participate with SSSRA programs, you do so at your own risk and acknowledge that the activity/programs carry an inherent risk of physical injuries.

I understand that it is my responsibility to ensure there is adequate space for myself or my child/ward to follow the instructor's directions and movements safely and without the possibility of tripping or colliding with objects, furniture, walls, stairwells, or any other object that could pose a potential injury, and that each participant or parent/guardian is solely responsible for assessing if they can participate safely in the space they have chosen.

To the extent permitted by law, South Suburban Special Recreation Association and its affiliates disclaim any-and-all liability in connection with the activity/program presented and any instructions and advice provided.

### **Mandated Reporter Statement**

All SSSRA Staff are mandated reporters and as such are legally required to report any of the following:

1. Abuse and neglect of a child, elder, or of an individual who is mentally or physically disabled.
2. Suicide threats.
3. Threats to the well-being of others.

### **Supervision Acknowledgment**

Due to the limitations of virtual recreation programming staff will not be able to support disruptive or challenging behavior in the ways that they are traditionally able to. Additionally, our programming may not be fully inclusive of each individual's unique needs. For these reasons we ask that a parent/caregiver or family member can supervise and provide intervention as needed.

## SOUTH SUBURBAN SPECIAL RECREATION ASSOCIATION Program Participation Waiver, Release of All Claims and Hold Harmless Agreement

Please read this form carefully and be aware that, in signing up and participating in South Suburban Special Recreation Association (SSSRA) programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms “I”, “me”, and “my” also refer to parents or guardians as well as participants in the program. In registering for these programs, you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating, in any manner, in any and all activities with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury. I understand that it is my responsibility to ensure there is adequate space for myself or my child/ward to follow the instructor's directions and movements safely and without the possibility of tripping or colliding with objects, furniture, walls, stairwells, or any other object that could pose a potential injury, and that each participant or parent/guardian is solely responsible for assessing if they can participate safely in the space they have chosen. *“You should consult your physician or other health care professional before starting any of SSSRA programs that involves athletic activities, strenuous exertion program, such as dance, exercise, or movement programs etc., to determine if it is right for your needs. If you experience faintness, dizziness, pain or shortness of breath at any time while participating you should stop immediately. If you choose to participate with SSSRA programs, you do so at your own risk and acknowledge that the activity/programs carry an inherent risk of physical injuries. To the extent permitted by law, the SSSRA and its affiliates disclaim any-and-all liability in connection with the activity/program presented and any instructions and advice provided.”*

Documents that are privileged and confidential communications, including but not limited to, attorney/client privileged communications, reports prepared in anticipation of litigation, and communications between SSSRA and the Park District Risk Management Agency will not be provided.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the SSSRA, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities, of whatever nature, might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as “released parties” in the remainder of this Agreement.)

I do hereby fully release and discharge the SSSRA and the other released parties from any-and-all claims for injuries, damage or loss which I may have, or which may accrue to me on account of my participation in these programs.

I further agree to indemnify, hold harmless and defend the SSSRA and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as “participation”, “programs”, and “activities” referred to in this Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment and apparatus, and anything related to my use of the services, facilities or premises involved in these programs, and transportation to and from any events.

I understand the nature of these programs for which I am registering and have read and fully understand this Waiver. Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become part of this agreement.

By signing this waiver, you acknowledge and agree to following the Code of Conduct. This includes Behavior Expectations, Warning of Risk, Mandated Reporter Statement, and Supervision Acknowledgement.

---

Printed Name of Participant

---

Date

---

Printed Name of Parent or Legal Guardian

---

Signature (If Own Guardian), Parent, or Legal Guardian

If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature.

## PROGRAM LOCATIONS

**Bicentennial Park**  
3401 203rd Street, Olympia Fields

**Centennial Lake / Centennial Park**  
167th and Parliament, Tinley Park  
708.532.8698

**Centennial Lanes 2.0**  
16050 Centennial Circle, Tinley Park  
708.633.0500

**Challenger Field**  
167th & 76th Avenue, Tinley Park

**H-F Sports Complex**  
18211 S. Aberdeen Avenue,  
Homewood  
708.957.0300

**Matteson Community Center  
(Matteson Avenue)**  
20642 Matteson Avenue, Matteson  
708.441.4500

**Oak Forest Bowl**  
15240 S. Cicero Avenue, Oak Forest  
708.687.2000

**Oak Forest Park District /  
Tichan House / Fitness Center**  
15601 South Central Avenue,  
Oak Forest  
708.687.7270

**Park Forest Aqua Center**  
30 N. Orchard, Park Forest  
708.747.9490

**Park Forest Tennis & Health Club**  
290 Westwood Drive, Park Forest  
708.481.6060

**SSSRA Office**  
19910 80th Avenue, Tinley Park  
815.806.0384

**Tony Bettenhausen Recreation  
Center / Community Park / White  
Water Canyon / Fitness Center**  
8125 W. 171st Street, Tinley Park  
708.342.4200

### SPECIAL OFFER FOR THE RESIDENTS OF SOUTH SUBURBAN SPECIAL RECREATION ASSOC.



**2023  
Family Pass  
\$40  
Savings\***

**ON SALE MARCH 1, 2023**

Coupon may be redeemed thru 8/1/2023 at the Tony Bettenhausen Recreation Center at  
8125 W. 171<sup>st</sup> Street, Tinley Park.

*\*Coupon must be presented to the Tinley Park-Park District at time of purchase. Valid for \$40.00 off the purchase of a 2023 NON-RESIDENT "Household of 3" (or more) season pass only. Limit one coupon per household. Pre-season rates valid March 1 - May 19, 2023. Regular rates begin May 20, 2023. Visit [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org) or call (708) 342-4200 for details! Coupon can not be used for prior purchases.*



19910 80th Avenue  
Tinley Park, IL 60487

Non-Profit Organization  
U.S. POSTAGE  
PAID  
Permit #299  
Tinley Park, IL 60487



## ABA Therapy FOR AUTISM

ABA (applied behavior analysis) therapy provides individualized behavior training and intervention for children with autism. It is used to help individuals with autism live happy and productive lives.

ABA therapy can foster basic skills such as looking, listening and imitating, as well as complex skills such as reading, conversing and understanding another person's perspective. ABA therapy encompasses research based strategies used to treat autism and attacks all deficits systematically and intensively.

### THE BEST CHOICE FOR YOUR CHILD AND MINE

#### Groups focus on

- Fine Motor
- Gross Motor
- Vocabulary
- Communication
- Pretend play skills
- School readiness
- Comprehension
- Language acquisition

#### Other Services Provided

- Behavior Problems (aggression, noncompliance etc) - decrease
- Intensive Preschool ABA Services
- Life Skills - potty training, brushing teeth, dressing, etc



• Now hiring

• Monthly parent support group

• Monthly social groups

• Call now

 (708) 794-6509

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Matteson IL 60443

 1630 45th St. #201  
Munster IN. 46321